

A  
C L O S E T  
for Ladies and  
*Gentlewomen.*

OR,  
The Art of preserving,  
Conserving, and  
Candyng.

With the manner how  
to make divers kinde of  
Sirups, and all kinde of  
banqueting stufes.

Also divers soveraigne Medi-  
cines and Salves for Sundry  
Diseases.

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LONDON,  
Printed by *Iohn Haviland.*  
1632.





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## An especiall Note of Confectionary.

*To preserve Pippins red.*



Take your best coloured Pippins, and pare them : then take a piercer, and bore a hole thorow them : then make sirup for them, as much as will cover them, and so let them boyle in a broad preserving pan: put into them a peece of Cinamon stick, and so let them boile close covered very leasurely, turning them very often: for, if you turne them not very often, they will spot, and the one side

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will

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will not bee like the other, and let them thus boyle untill they begin to gelly; then take them up, and put them, and you may keepe them all the yeere.

#### *To preserve Pippins white.*

**T**Ake faire large Pippins, and after Candlemas pare them, and bore a hole thorow them, as you did for the red ones; then make a weake sirup for them, and so let them boyle till they bee tender; then take them vp, and boyle your sirup a little higher, then put them vp in a Gally-pot, & let them stand all night, and the next morning the sirup will bee somewhat weaker: then boyle the sirup againe to his full thickenesse, and so put them and you may keepe them all the yeere. If you please to haue them taste a pleasant taste, more than the naturall Pippin, put in one grain of musk, and one drop of the Chymicall oyle of Cinamon, and that will make them

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them taste a more pleasant taste.

*To preserve Pippins greene.*

**T**Ake Pippins when they be small  
and green off the tree; and pare  
three or foure of the worst, and  
cut them all to peeces: then boyle them  
in a quart of faire water till they bee  
pap, then let the liquor come from  
them, as you doe from your Quodi-  
niacke, into a Bason: then put into  
them one pound of Sugar clarified,  
and put into this as many greene  
Pippins vnpared as that liquor will  
couer, and so let them boyle softly:  
and when you see they bee boyled as  
tender as a quodling, then take them  
vp, and pill off the outermost white  
skin, and then your Pippins will bee  
greene: then boyle them in your sirup  
again till the sirup bee thicke: and so  
you may keepe them all the yeere.

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### *To preserve Apricocks.*

**O**F Apricocks take a pound, and a pound of sugar, and clarifie your sugar with a pint of water ; and when your sugar is made perfect, put it into a preserving-pan, and put your Apricocks into it, and so let them boyle gently : and when they bee boyled enough, and your sirup thicke, put them, and so keepe them. In like manner you may preserve a peare-plum.

### *To preserve Mirabolans or Malacodonians.*

**T**Ake your Malacodonians : stone them, and perboile them in water : then pill off the outward skin of them : they will boyle as long as a peece of beefe, and therefore you need not feare the breaking of them ; and when they bee boyled tender, make sirrup of them, and preserve them

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them as you doe any other thing,  
and so you may keepe them all the  
yeere.

*To preserve Pomcitrons.*

**O**F your Pomcitrons take one  
pound and a halfe, and cut them  
some in halves, some in quarters,  
and take the meat out of them, and  
boyle them tender in faire water: then  
take two pound of sugar being cla-  
rified, and make sirup for them, and  
let them boyle in sirup a quarter of  
an houre very gently: then take  
them vp, and let your sirup boyle till  
it be thicke: and then put it in your  
Pomcitrons, and you may keepe them  
all the yeere. If you please, you may  
pare some of them: for, some delight  
them in the skin; and some, pared.

*To preserve Cherries.*

**O**F the best and fairest Cherries  
take some two pound, and with  
a paire of sheeres clip off their stalkes

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by the midst : then wash them cleane, and beware you bruse them not : then take of fine Barbary Sugar, and set it ouer the fire, with a quart of faire water, in the broadest vessell you can get, and let it seeth till it bee somewhat thicke : then put in your Cherries, and stirre them together with a silver spoone, and so let them boyle, alwayes scumming and turning them very gently, that the one side may bee like the other, vntill they bee enough : the which to know, you must take vp some of the sirup with one Cherry, and so let it coole ; and if it will scarce run out, it is enough : and thus, being cold, you may put them vp, and keepe them all the yeere.

#### *To preserve red-rose leaues.*

**O**F the leaues of the fairest buds take halfe a pound : sift them cleane from seeds : then take a quart of faire water, and put it in an earthen  
pipkin



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pipkin. and set it ouer the fire vntill  
it bee scalding hot : and then make a  
good many of other red roseleaves  
and put them into the scalding wa-  
ter, vntill they begin to looke white,  
and then straine them : and thus doe  
vntill the water looke very red. Then  
take a pound of refined Sugar, and  
beat it fine, and put it into the li-  
quor, with halfe a pound of Rose-  
leaves, and let them seeth together  
till they bee enough : the which to  
know, is by taking some of them up  
in a spoone, as you doe your Cher-  
ries ; and so, when they bee thorow  
cold. put them vp, and keepe them  
very close.

*To preserve Orenge and Lemmons.*

**T**Ake your Orenge and Lemmons,  
large and well coloured, and take  
a raspe of Steele, and raspe the out-  
ward rinde from them : then lay  
them in water three dayes and three  
nights : then boyle them tender,

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and

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and shift them in the boiling, to take away their bitterneſſe : and when they bee boyled tenderly, take two pound of Sugar clarified with a pint of water ; and when your ſirup is made, and betwixt hot and cold, put in your Lemmons and Orengeſ, and there let them bee infuſed all night : the next morning, let them boyle two or three walmes in your ſirup : let them not boyle too long in the ſugar, becauſe the rinds will bee rough: take your Lemmons out, and boyle your ſirup thicker : and ſo when it is cold, put them up, and keepe them all the yeere.

### *To preſerue Quinces.*

**O**F your Quinces take a pound: Core them, and then perboyle them, and pill off the outermoſt white ſkin, and then weigh them, and put into them clarified Sugar one pound, and then boyle them cloſely covered vpon a very gentle fire,

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fire, putting vnto them a sticke or two of good Cinamon cut into small peeces, and so stir them continually, that they may bee well coloured on euery side : and when the sirup is come to the height of a perfect gelly, take them off the fire, and so keepe them; for the higher your sirup is, the better will your Quinces keepe.

*To preserve Peaches.*

**O**F your fairest and best coloured Peaches, take a pound, and with a wet linnen cloth wipe off the white hoare of them : then perboyle them in halfe a pint of white wine, and a pint and a halfe of running water : and being perboyled, pill off the white skinne of them, and then weigh them : take to your pound of Peaches, three quarters of a pound of refined Sugar, and dissolue it in a quarter of a pint of white wine, and boyle it almost to the height of a sirup,

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sirup and then put in your Peaches, and let them boyle in the sirup a quarter of an houre or more, if neede should require : and then put them vp, and keepe them all the yeere.

### *To preserve Evingo-roots.*

**T**Ake your Evingo-roots, faire and not knotty, one pound, and wash them cleane ; and when they be washed, set them on the fire, and boyle them very tender ; pill off the outermost skin of them, but see you breake them not ; and as you pare them, put them into cold water, and let them all remaine there till all be finished : and then you must take to every pound of roots, three quarters of a pound of clarified Sugar, & boyle it almost unto the height of a sirup, and then put in your rootes, but looke that they boyle very gently together, with a little stirring as may bee, for feare of breaking, untill they be enough:

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enough: and when they beecold, put them vp, and so keepe them.

*To preserue Barberries.*

**T**Ake your Barberries very faire and well coloured, and picke out euery stone of them, and then weigh them: and to euery ounce of of Barberries, you must take three ounces of hard Sugar; and with halfe an ounce of the pulpe of Barberries, and one ounce of red-rose-water, you must dissolue your Sugar, and then boile it to a sirup. being so boyled, put in your Barberries, and let them boyle a quarter of an houre, and then take them vp: and as soone as they begin to wax coole, put them vp, and they will keepe their colour all the yeere.

*To preserue Gooseberries.*

**Y**OU must take your large Berries, but not thorowly ripe, and picke off all the stalkes from them, and

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and wash them cleane : take a pound of them, and set them on the fire till they be hot, and then take them off, and let the liquor runne from them : then take ten ounces of hard Sugar, and foure ounces of Sugar-candie, and clarife it with a pint of water, and the white of an Egge, and boyle it to a thicke sirup : and then put in your Gooseberries, and let them boyle a waile or two; and so, betwixt hot and cold, put them vp, and keepe them all the yeere.

### *To preserve Damsons.*

**T**Ake of your Damsons large and well coloured, but not thorow ripe, for then they will breake, and picke them cleane, and wipe them one by one : then weigh them, and to euery pound of Damsons, you must take a pound of Barbary sugar, white and good, dissolved in harte a pint or more of water : boile it almost

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to the height of a sirup, and then put in your Damsons, keeping them with continuall scumming and stirring, and that with a silver spoone; and so let them boyle untill they bee enough, vpon a gentle fire: and when they be enough, take them vp, and keepe them all the yeere.

*To preserve Raspices.*

**T**Ake of your fairest and well-coloured Raspices, and picke off their stalkes very cleane: then wash them, but in any case see that you bruse them not: then weigh them, and to euery pound of Raspices, you must take six ounces of hard Sugar, and six ounces of Sugar candy, and clarifie it with halfe a pint of faire water, and foure ounces of iuyce of Raspices, being clarified: boyle it to a weak sirup, and then put in your Raspices, stirring them up and downe, and so let them boyle untill they bee enough,  
that

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that is, vsing them as your Cherrier,  
and so you may keepe them all the  
yeere.

*To preserve Enula Campana roots.*

**T**Ake of your Enula Campana  
Rootes, and wash them: scrape  
them very cleane, and cut them  
thin to the pith, the length of your lit-  
tle finger; and as you cut them, put  
them in water, and let them lie in  
water thirty dayes, shifting them  
twice euery day, to take away their  
bitternesse; weigh them, and to  
euery pound of Rootes, you must take  
twelue ounces of clarified Sugar, first  
boyling your Roots as tender as a  
Chickin, and then put them into  
your clarified Sugar, and let them  
boyle vpon a gentle fire vntill they bee  
enough: and so let them stand off  
the fire a good while, and betwixt  
hot and cold put them vp to your vse.

*To*



*and Gentlemen.*

*To preserve Saterion roots.*

**T**Ake your Saterion roots, and pick out the faire ones, and keep them by themselves: then wash them, and boyle them vpon a gentle fire as tender as a Quodling: then take them off, and pare off the blackest skin of them, and put them, as you pare them, into faire water, and so let them remaine one night; and then weigh them, and to every pound of roots you must take eleuen ounces of clarified Sugar, and boyle it almost to the height of a sirup, and then put in your roots, but take heed they boile not too long, for then they will grow hard and tough: and therefore when they bee boyled enough, take them off, and set them a cooling, and so keepe them according to the rest.

*Here end the Preservatives.*

To

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*To make Manus Christi.*

**O**F refined Sugar take halfe a pound, and some Rose water, and boyle them together till it come to Sugar againe : then stirre it about while it bee somewhat cold : then take your leafe gold, and mingle with it : then cast it according to art, that is, in round gobbets, and so keepe them.

*To candie Ginger.*

**T**Ake very faire and large Ginger, and pare it, and then lay it in water a day and a night : then take your double refined Sugar, and boyle it to the height of Sugar againe : then when your Sugar beginneth to be cold, take your Ginger, and stir it well about while your Sugar is hard to the pan : then take it out race by race, and lay it by the fire for foure houres : then take a pot, and warme it

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it, and put the Ginger in it : theatie  
it very close, and euery second mor-  
ning slit it about roundly, and it will  
bee rocke-candied in a very short  
space.

*To candy Rose-leaues as naturally as if  
they grew vpon the trees.*

**T**Ake of the fairest Rose leaues,  
red or damaske, and on a Sunne-  
shine day sprinkle them with Rose-  
water, and lay them, one by one, vp-  
on faire paper : then take some dou-  
ble-refined Sugar, and beat it very  
fine, and put it in a fine lawne searce:  
when you haue laid abroad all the  
Rose leaues in the hottest of the  
sun, carce sugar thinly all ouer them;  
then anon the Sunne will candy the  
Sugar ; then turne the leaues, and  
searce Sugar on the other side, and  
turne them often in the Sunne, some-  
times sprinkling Rose water, and  
sometimes searcing Sugar on them,  
vntill they bee enough, and come to  
your

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your liking : and being thus done, you may keepe them.

*To candy Marigolds in wedges ; the  
spanish fash on..*

**T**Ake of the faire yellow Marigold flowres two ounces, and shred them, and drye them before the fire : then take foure ounces of Sugar, and boyle it to the height of Manus Christi: then powre it vpon a wet Pie-plate, and, betwixt hot and cold, cut it into wedges : then lay them on a sheet of white paper, and put them in a Stoue.

*To candy all manner of flowers in their  
naturall colours*

**T**Ake the Flowers with the stalks and wash them over with a little Rose-water, wherein Gum-arabicke is dissolved ; then take fine searced Sugar, and dust over them, and set them

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them a drying on the bottome of a Sive  
in an Oven, and they will glister as if it  
were Sugar-candy.

*To candy all manner of Flowers, Fruits, and  
Spices, the cleere rocke-Candy.*

**T**Ake two pound of Barbary Sugar  
great grained, clarified with the  
whites of two Egges, and boyle it  
almost as hie as for Manus Christi :  
then put it into a pipkin that is not  
very rough . then put in your Flo-  
wers, Fruits, and Spices, and so put  
your Pipkin into a Still, and make a  
small fire of small coles vnder it ; and,  
in the space of twelve dayes, it will bee  
rocke-candied.

*To candie Eringo roots.*

**T**Ake your Eringo roots ready to be  
preserved, and weigh them, and to  
every pound of your roots, you must  
take of the purest Sugar you can get

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two pound, and clarifie it with the whites of Egges exceeding well, that it may bee as cleare as Chrystall, for then it will bee very commendable : it being clarified, you must boyle it to the height of Manus Christi, and then dip in your roots, two or three at once, till they bee all candied, and so put them in a Stoue, and keepe them all the yeere.

### *To candy Enula-Campana.*

**T**Ake of your fairest Enula Campana roots, and take them clean from the sirup, and wash the Sugar off them, and drie them againe with a linnen cloth ; then weigh them, and to euery pound of rootes you must take a pound and three quarters of Sugar : clarifie it well, and boile it to the height of Manus Christi, and when it is so boyled, dippe in your roots, three or foure at once, and they will candy very well ; and so  
stoue

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stoue them, and keepe them all the yeere.

*To candie Violet flowers.*

**T**Ake of your Violet flowers that are good and new, and well coloured, and weigh them: to every ounce of your Violet flowers you must take foure ounces of refined Sugar, which is very white and faire grained, and dissolve it in two ounces of faire running water, and so boyle it till it come to Sugar againe; but you must scum it often, lest it bee not cleare enough: and when it is boyled to Sugar againe, then take it off, and let it coole, and then put in your violet flowers, stirring them together till the Sugar grow hard to the pan: this done, put them into a box, and keepe them in a stoue.

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### *To candy Gooseberries.*

**T**AKE of your fairest berries, but they must not bee too ripe, for then they will not be so good, and with a linnen cloth wipe them very cleane, and picke of all the stalks from them and weigh them: and to every ounce of Berries, you must take two ounces of Sugar, and halfe an ounce of Sugar-Candy, and dissolve them in an ounce or two of Rose-water, and so boyle them vp to the height of Manus Christi; and when it is come to his perfect height, let it coole, and put in your Berries, for if you put them in hot, they will shrink, and so stir them in round with a wooden Spatter till they bee candied; and thus put them vp and keepe them.

### *To candy Rosemary-flowers.*

**T**AKE of your Rosemary Flowers ready pickt, and weigh them; to  
every



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euery ounce of flowers you must take two ounces of hard Sugar, and one ounce of Sugar-Candy, and dissolve them in Rosemary-flower-water, and boile them till they come to Sugar againe; which done, put in your Rosemary-flowers when your Sugar is almost cold, and so stirre them together till they bee enough, and then take them out, and put them in a box, and keepe them to your vse in your Stoue.

*To candy Borage-Flowers.*

**T**Ake your Flowers, and pick them very cleane, and weigh them, and vse them in euery respect as you did your Rosemary-Flowers, saue this; that when they bee candied, you must set them in a Still, and so keepe them in a sheet of white paper, putting euery day a chafindish of coles into your Still, and it will be candied very excellently, and that in a short space.

*Here end the sorts of Candyng.*

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To make Pασle of Pippins, the Geneva fashion,  
*some with leaues, some like  
Plums, with stalkes and  
stones in them.*

**T**Ake your Pippins, and pare them, and cut them in quarters: then boyle them in faire water till they bee tende.: then straine them, and drie the pulp vpon a chafingdish of coles: then weigh it, and take as much Sugar as it weigheth, and boyle it to Manus Christi, and put them together: then fashion them vpon a Pieplate, and put it into an Oven being very sleightly heat: the next morning you may turne it, and put them off the plates vpon sheets of Paper vpon a hurdle, and so put them into an Oven of like heat, and there let them remaine foure or five daies,  
putting

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putting euery day a Chasingdish of coles into the Oven: and when they be thorow dry, you may box them, and keep them all the yeere.

*To make paste of Eglantine, of the colour of the red Corall.*

**T**Ake your Eglantine Berries, otherwise called Hips, and stampe them in a Mortar with Gum-Dragagant and Rose-water: then straine it thorow a strainer; then take halfe a pound of refined Sugar beaten, and searced, and worke it vp into Paste with this straining: then priat it with your molds: then stoue it, and then gild them.

*To make Paste-royall white.*

**T**Ake a pound of refined Sugar beaten & searced, and put into an Alablafter Morter, with an ounce of Gum dragagant steeped in Rose-wa-

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ter : and if you see your Paste bee too weake, put in more Sugar ; if too dry, more Gumme, with a drop or two of oile of Cinamon, so that you neuer deceiue your selfe, to stand vpon quantities : beat it into perfect paste, and then you may print it with your moulds ; and when it is dry, gild it, and so keepe them.

#### *To make Paste-Royall in Spices.*

**T**Ake of Cinamon and Ginger, of each a like quantity being finely searced; mingle it with your searced Sugar, and Gum-dragagant steeped in Rose-water, and worke it into paste, as you did your paste-royal white, and then you may turne it vpon stickes made of peeces of Arrowes, and make them hollow like Cinamon stickes : in like sort you may make it taste of what spices you please.

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*To make Pafte of Genua the true way.*

**T**Ake two pound of the pulp of Quinces, and as much of Peaches, and straine it, and dry it in a pewter platter vpon a chafindish of Coles : then weigh it, and take as much Sugar as it weigheth, and boile it to the height of Manus Christi, and then put them together, and so fashion it vpon a Pie plate, and dry it in an Oven with a Chafindish of coles, vntill it bee thorow dry : and then, if it please you, you may spot them with gold.

*To make Pafte of Violets.*

**Y**OU must take of your Violets that are ready picked, and bruiſe them in an Alabaſter or Marble Mortar, and wring the iuice from them into a Porringer, and put as  
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much hard Sugar in fine powder, as that iuyce will cover : dry it, and then powder it againe, and then take as much Gum-dragagant steeped in Rose-water, as will bring this Sugar into a perfect paste : when it is perfect, take it vp, and print it with your moulds, and so dry it in your stoue and not by the fire, for feare of danger and when it is dry, gild it. It is a fine banqueting conceit.

### *To make Paste of Goose-berries.*

**T**AKE of your Goose-berries, and cut them one by one, and wring the iuyce from them, till you have gotten so much as you thinke will serue your turne : boyle your iuyce a little, that it may bee thicker : then take as much double-refined Sugar as your iuyce will shapen, and dry it as you did for your Violets ; and being dry, beat it very fine and take as much Gum-dragagant steeped in red rose water, as will serue, and beat

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beat it into perfect paste in an Alabaster Mortar: and then take it up, and print it with your moulds, vsing it in every respect as your paste of Violets. This is excellent good for one that hath a weake stomacke.

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*Heere begin Ban-  
queting Conceits, as  
Marmelades, Quo-  
diniackes, and  
such like.*

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*To make Muskadine Confit.*

**T**AKE halfe a pound of Musk-Su-  
gar beaten and searced : then  
take Gum-Dragagant steeped  
in Rose-water , and two graines of  
Muske, and so beat them in an Ala-  
baster Mortar till it come to perfect  
Paste : then driue it very thin with  
a rowling pin, and then cut it into  
small peeces like diamonds ; some cut  
with



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with a rowle spoone on the sides: being thus cut, stoue them, and so keepe them all the yeare.

*To make Diocitonium simplex of Quinces.*

Take of your Quinces, and pare them, and cut them in peeces, and boile a pound of these peeces in a quart of faire water, till they bee very soft: then let the liquor run from them, then take a pound of Sugar-Candy, and beat it fine, and put it into that liquor, and let it seeth till you see it stand like gelly: then take it from the fire, and put therein foure drops of oile of Cinamon and Nutmegs, and then put in five and twenty leaues of fine gold, and stirre it together, and so put it in five Chrystall Glasses, and keepe it all the yeere.

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*To make fine cristall Gelly.*

**T**Ake a knuckle of Veale, and  
foure Calves feet, and set them  
on the fire with a gallon of faire  
water, and when the flesh is boyled ten-  
der, take it out: then let the liquor  
stand still vntill it be cold, then take a-  
way the top and the bottome of that li-  
quor, and put the rest into a cleane  
Pipkin, and put into it one pound of  
clarified Sugar, foure or five drops of  
Oyle of Cinamon and Nutmees, a  
graine of Muske, and so let it boyle a  
quarter of an houre leisurely on the  
fire, then let it runne thorow a gelly  
bag into a bason, with the whites of  
two egges beaten; and when it is  
cold, you may cut it into lumps with  
a spoone, and so serve three or foure  
lumps vpon a plate.

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*To make white leach of creamie.*

**T**Ake a pint of sweet creame, and six spoonfulls of Rose water, and two graines of Muske, two drops of oyle of Mace, or one peece of large Mace, and so let it boyle with foure ounces of Isinglasse: then let it run downe thorow a gelly bag: when it is cold, slice it like brawne, and so serue it out. This is the best way to make leach.

*To make a Walnut, that when you cracke it, you shall finde harts and Car-  
romies in it, or a pretty  
Possewitten.*

**T**Ake a peece of your Paste royall white, being beaten with Gum-Dracagant, and mixed with a little fine searced Cinamon, which will bring your paste in a Walnut shell

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shell colour: then drive it thin, and cut it into two peeces, and put the one peece into the one halfe of your mould, and the other into the other, then put what you please into the Nut, and close the mould together, and so make three or foure Walnut.

### *To make Quodiniack of Plums.*

**T**AKE two pound of Plums, and put them into a Posnet with a pound and a halfe of Brasill Sugar, clarified with a pint of faire water, and let it boile till the Plums breake: then take it off, and let your liquid substance run thorow a strainer, and then put it again into the Posnet, and so let it boyle till it come to its thicke esse, and then print it with your moulds on what fashion you please.

### *To make Biskettello.*

**T**AKE two ounces of very fine Sugar, beaten and searced, and put  
into

*and Gentlemen.*

into it halfe a spoonefull of Amidum, that is, white Starch; a graine of Musket then beat it into perfect Paste, with Gum dragagant steeped in Rose-water: then make it into little pretty loaves the fashion of Manchets, and so put a Wafer in the bottome of every one of them, and bake them in a baking pan, but take heed your pan be not hot, and so specke them with gold, and so box them. It is a very fine banquetting conceit.

*To make a speciall sweet water to perfume  
clothes in the folding, being  
washed.*

**T**Ake a quart of Damask-Rose-water, & put it into a paille, put vnto it a handfull of Lauender-Flowers, two ounces of O-ris, a dramme of Muske, the weight of foure pence of Amber greece, as much Ciuet, foure drops of Oyle of Cloues; stop this close, and set it in the Sunne  
a fore-

### *A Closet for Ladies*

shell colour: then drive it thin, and cut it into two peeces, and put the one peece into the one halfe of your mould, and the other into the other, then put what you please into the Nut, and close the mould together, and so make three or foure Walnutts.

### *To make Quodiniack of Plums.*

**T**AKE two pound of Plums, and put them into a Posnet with a pound and a halfe of Brasill Sugar, clarified with a pint of faire water, and let it boile till the Plums breake: then take it off, and let your liquid substance run thorow a strainer, and then put it again into the Posnet, and so let it boyle till it come to its thicknesse, and then print it with your moulds on what fashion you please.

### *To make Biskettello.*

**T**AKE two ounces of very fine Sugar, beaten and searced, and put  
into

*and Gentlemen.*

into it halfe a spoonefull of Amidum,  
that is, white Starch; a graine of Musket  
then beat it into perfect PASTE, with  
Gum dragagant steeped in Rose-wa-  
ter: then make it into little pretty  
loaves the fashion of Manchets, and so  
put a Wafer in the bottome of every  
one of them, and bake them in a baking  
pan, but take heed your pan be not hot,  
and so specke them with gold, and so  
box them. It is a very fine banquetting  
conceit.

*To make a speciall sweet water to perfume  
clothes in the folding, being  
washed.*

**T**Ake a quart of Damask-Rose-  
water, & put it into a glasse, put  
vnto it a handfull of Lauender-  
Flowers, two ounces of O-ris, a  
dramme of Muske, the weight of foure  
pence of Amber greece, as much Ci-  
uet, foure drops of Oyle of Cloues;  
stop this close, and set it in the Sunne  
a fore-

### *ACloset for Ladies*

a fortnight : put one spoonefull of this water into a bason of common water, and put it into a glasse, and so sprinkle your clothes therewith in your folding : the dregs, left in the bottome (when the water is spent) will make as much more, if you keepe them, and put fresh Rose-water to it.

#### *To make Musse powder.*

**T**AKE two pound of Musse of a sweet Apple tree, gathered betweene the two Lady dayes, and infuse it in a quart of Damask rose-water, foure and twenty houres : then take it out, and dry it in an ouen vpon a Sues bottome, and beat it to Powder : put to it an ounce of Lignum Aloes beaten and seared, two ounces of Orris, a dramme of Musk, halfe a dram of amber greece, a quarter of a dram of Ciuet : put all these into a hot Mortar and Pestle, and beat them together : then searce them



*and Gentlewomen.*

them thorow a coorse haire searce, and  
put it into a bag, and lay it among  
your clothes.

*To make Aromaticum Lozenges.*

**T**AKE of fine Sugar halfe a pound:  
boile it with Red rose-water, vntill  
it come to the height of Lozenges:  
and in the cooling, put in of the spices  
of Aromaticum Rosarum, 4. drams,  
with a little Confectio Alchermes,  
and so make them into Lozenges,  
gilding them first, and then cut them  
square with a knife for that purpose:  
and when you gild them, if your gil-  
ding will not sticke on, wet them gent-  
ly with a little Rose-water, but not too  
much, in any case.

*To make a March-pane, to ice it, and  
garnish it after the Art of  
Cousin-making.*

**T**AKE two pound of small Almonds  
blanched, and beaten into perfect  
paste,

### *A Closet for Ladies*

paste, with a pound of Sugar finely  
searced, putting in now and then a  
spoonfull or two of Rose-water, to  
keepe it from oiling; and when it is  
beaten to perfect Paste, roule it thin,  
and cut it round by a Charger: then  
set an edge on it, as you do on a Tart:  
then dry it in an Ouen or a baking  
Pan: then ice it with Rose-water and  
Sugar, made as thicke as batter for  
Fritters: when it is iced, garnish it  
with conceits, and sticke long Com-  
fits in it, and so gild it, and serue it.

*To make all sorts of banqueting Con-  
ceits of March-pane stufte, some  
like Pies, Birds, Baskets, and  
suchlike, and some  
to print with  
moulds.*

**T**Ake a pound of Almond Paste  
made for the Marchpane, and  
dry it on a Chafingdish of coles, till  
you see it wax white: then you may  
print

*and Gentlewomen.*

print some with Moulds, and make some with hands, and so gild them; then stoue them, and you may keepe them all the yeare. They be excellent good to please children.

*To make all kinde of birds and beasts to stand on their legs, in cast-work.*

**T**Ake Barbary-Sugar, clarifie it, and boile it to the height of Manus Christi: then poure it into your moulds, they being seasoned as for your Quodiniack: let them stand a quarter of an houre, and they will bee cold, and then you may take them out, and gild them.

*To cast all manner of fruitage hollow in tinne worke, and put them in their colours, as Orenge, Lemmons, and the like.*

**T**Ake your Sugar being boiled to the height of Manus Christi, and  
put

### *A Closet for Ladies*

put it into your Alabaſter moulds, being made of three peeces : turne it round about in your hand, while it is hot ; and when it is cold, take it out, and put them in their naturall colours.

### *To make Prince-biſket bread.*

**T**ake a pound of very fine Flower, as much Sugar thorowly ſearced, one ounce of Annifeeds cleane pickt, take eight Egges, and a ſpoonefull of Muſcadine, and beat all into batter as thicke as for Fritters : beat it thus in a Bowle one houre : then put it into your caſſins of plate, or frames of wood, and ſet it in an Oven, and let it remaine there one houte : you may ſlice ſome of them when they bee a day old, and dry them againe vpon a hurdle of Wicker : you may alſo take one of your leaues, and waſh it ouer with the yolke of an Egge beaten with a little Roſe-water, and while it is greene, caſt Biſkets  
and

*and Gentlemen.*

and Carrowaies on it, and a little white Candy, and it will shew as if it did haile on it : then spot it with gold, and giue it to whom you please.

*To make the vsuall Bisket sold at  
Comfit-makers.*

**T**AKE a Pecke of flower, and foure ounces of Coriander seed, one ounce of Anniseed, take three Egges, three spoonefuls of ale-yeast, and as much warme water as will make it as thicke as Paste for Manchets : make it in a long Rowle, and bake it in an Ouen one houre ; and when it is a day old, pare it, and slice it, sugar it with searced Sugar, and put it againe into the Ouen ; and when it is dry, take it out, and new sugar it againe, and so box it, and keepe it.

To

## *A Closet for Ladies*

*To make an especiall sweet Powder  
for sweet Bags.*

**T**AKE of the purest orris one pound,  
of Red and Damask Rose-leaves,  
of each two ounces, of Cloues three  
drams, Coriander seed one dram, Cy-  
prus and Calamus of each halfe an  
ounce, Benzoin and Storax of each  
three drams : beat them all saue the  
Benzoin and the Storax, and powder  
them by themselves, and mix it with  
the rest of the powder ; then take of  
Musk & Ciuet, of each twenty graines,  
Amber greece ten graines, mix these  
with a little of the foresaid powder  
with a warme Pestle, and so by little  
and little you may mix it with all the  
rest, and so with Rose-leaves dried you  
may put it vp into your sweet Bags,  
and so keepe them seven yeares.

To

and Gentlewomen.

*To make an excellent Marmelade, which  
was giuen to Queene Mary for  
a New yeeres gift.*

**T**AKE a pound and a halfe of Sugar,  
boile it with a pint of faire water,  
till it come to the height of Manus  
Christi: then take three or foure small  
Quinces, one good Orange-pill, both  
very well preserued and finely beaten,  
and three ounces of Almonds blanch-  
ed, and beaten by themselves, Bringo-  
roots preserued two ounces and a halfe,  
stir these with the Sugar till it will not  
sticke: and then, at the last, put in of  
Muske and Amber dissolued in Rose-  
water, of each foure graines; of Cina-  
mon, Ginger, Cloues and Mace, of each  
three drams; of Oyle of Cinamon two  
drops: this being done, put it into your  
Marmelade Boxes, and so present it to  
whom you please.

To

## *A Closet for Ladies*

*To make an especiall sweet Powder  
for sweet Bags.*

**T**Ake of the purest orris one pound,  
of Red and Damask Rose-leaves,  
of each two ounces, of Cloues three  
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Benzoin and the Storax, and powder  
them by themselves, and mix it with  
the rest of the powder ; then take of  
Musk & Ciuet, of each twenty graines,  
Amber greece ten graines, mix these  
with a little of the foresaid powder  
with a warme Pestle, and so by little  
and little you may mix it with all the  
rest, and so with Rose-leaves dried you  
may put it vp into your sweet Bags,  
and so keepe them seuen yeares.

To



and Gentlewomen.

*To make an excellent Marmelade, which  
was giuen to Queene Mary for  
a New yeeres gift.*

**T**Ake a pound and a halfe of Sugar,  
boile it with a pint of faire water,  
till it come to the height of Manus  
Christi: then take three or foure small  
Quinces, one good Orenge-pill, both  
very well preserued and finely beaten,  
and three ounces of Almonds blanch-  
ed, and beaten by themselves, Eringo-  
roots preserued two ounces and a halfe,  
stir these with the Sugar till it will not  
sticke: and then, at the last, put in of  
Muske and Amber dissolued in Rose-  
water, of each foure graines; of Cina-  
mon, Ginger, Cloues and Maie, of each  
three drams; of Oyle of Cinamon two  
drops: this being done, put it into your  
Marmelade Boxes, and so present it to  
whom you please.

## *A Closet for Ladies*

*To make ano her sort of Marmelade ve y  
comforable for any Lord or Lady  
whatsoever.*

**T**AKE of the purest Greene Ginger,  
six drammes ; of Eringo and Sate-  
rion roots, of each an ounce and a  
halfe : beat these very finely, and draw  
them with a siluer Spooone thorow a  
haire searce : take of Nut-kernels  
and Almonds blanched, of each an  
ounce, Cocks stones halfe an ounce,  
all steeped in honey twelue houres; and  
then boiled in milke, and beaten and  
mixed with the rest : then powder  
the seeds of red Nettels, of Rockes,  
of each one dram ; Plantane seeds  
halfe a dramme; of the belly and backe  
of a fish called Scincus marinus, three  
drammes ; of Diastatiron, foure oun-  
ces ; of Cantarides, adde a dram;  
beat these very finely, and with the  
other powder mix it : and so with a  
pound of fine sugar dissolued in Rose-  
water,

*and Gentlemen.*

water, and boiled to Sugar againe, mingle the powder and all the rest of the things, putting in of lease gold six leaues; of pearle prepared, two drammes, Oile of Cinamon six drops: and being thus done, and well dried, put it vp in your Marmelade boxes, and gild it, and so vse it at your pleasure.

*To make a blanch for any  
Ladies face.*

**T**Ake of white Tartar two drammes, Camphire one dramme, Coperas halfe a dramme, the whites of foure Egges, iuice of two Lemmons, oile of Tartar foure ounces, Plantane water as much, white Mercury a peniworth, bitter almonds two ounces; all must be powdred and mixed with the oyle and water, and then boiled vpon a gentle fire, and straine it, and so keepe it. the party must rub her face with a scarlet cloth, and then

### *A Closet for Ladies*

then ouer night wash her with it, and in the morning wash it off with bran and white wine.

### *To make printed Quediniackes of Quinces, a ruby colour.*

**T**AKE two pound of Quinces pared, and cut in small peeces, and put them into a Posnet with three pints of faire water, and so let them boyle till they be tender : then put into them a pound of Sugar, and let it boyle till the fruit fall to the bottome of the Pan: let the liquor run thorow a strainer into a Bason, and put it into a faire Posnet, and let it boyle till it come to his colour and thicknesse : then print it with your moulds: you shall know when it is ready to print, by rolling a little vpon the backe of a Spooone : and if you see it will stand, and not run downe, print it. In like sort you may make your Quodiniack of Pippins; your Pippins will hold all the yeere.

To

*and Gentlewomen.*

*To make Quodiniackes of Raspises, or  
English Corianis.*

**T**Ake Raspises ripe and well coloured, and put them in a dish, and put to them foure spoonfuls of Rose-water, and mix them together with the backe of a Spooone: then wring the liquid substance thorow a linnen cloth: season it by your mouth with Sugar till it bee sweet enough: then boile it on a Chafingdish of Coles in a dish, till it be ready to print: then print it in your moulds, and box it, and so keepe them.

*Here end the conceits of Banquetting.*

Your Moulds must lye in water one night before you vse them; & an houre before you print with them, take them out of the water.

C COR-

*A Closet for Ladies*



# CORDIAL WATERS.

*Aqua Cœlestis.*

**T**Ake of Cynamon six ounces,  
Cloves one dram, Nutmegs  
one dram and a halfe, of Gin-  
ger two drams and a halfe, of Gal-  
lingale one dram and a halfe, Cubebs  
two drammes, Calamus roots one  
dram, all bruised and kept in a paper :  
then take of Bettony and Sage-flow-  
res, of each a handfull ; Marioram,  
Penniriall, of each halfe a handfull,  
bruised likewise : then take of these  
powders, of Aromaticum Rosarum  
three

*and Gentlemen.*

three dians; Diambræ, Diamargariton frigidum, Diamoscum dulce, of each a dram and a halfe; you must put all these into a gallon of spirit of wine, and steep them three dayes and three nights, shaking them well every day, and then distill it in your Limbeck; and when it is distilled, you must hang halfe an ounce of yellow Sanders, and twenty graines of Muske and Amber in it.

*To make cinnamon water.*

**T**Ake one pound of the best Cinnamon you can get : bruisse it well, and put it into a gallon of the best Sack, and infuse it three dayes and three nights, and then distill it as your Aqua Cœlestis.

*To make Doctor Seccuens water.*

**T**Ake of Rose-leaues one dram, Borage, Buglosse, Violets, and Rose-  
C 2 mary-

*A Closet for Ladies*



# CORDIAL WATERS.

*Aqua Cœlestis.*

**T**Ake of Cynamon six ounces,  
Cloves one dram, Nutmegs  
one dram and a halfe, of Gin-  
ger two drams and a halfe, of Gal-  
lingale one dram and a halfe, Cubebs  
two drammes, Calamus roots one  
dram, all bruised and kept in a paper :  
then take of Bettony and Sage flow-  
res, of each a handfull ; Marioram,  
Penniriall, of each halfe a handfull,  
bruised likewise : then take of these  
powders, of Aromaticum Rosarum  
three



*and Gentlewomen.*

three drams; Diambræ, Diamargariton frigidum, Diamoscum dulce, of each a dram and a halfe; you must put all these into a gallon of spirit of wine, and steep them three dayes and three nights, shaking them well every day, and then distill it in your Limbeckes; and when it is distilled, you must hang halfe an ounce of yellow Sanders, and twenty graines of Muske and Amber in it.

*To make cinnamon water.*

**T**AKE one pound of the best Cinnamon you can get: bruise it well, and put it into a gallon of the best Sack, and infuse it three dayes and three nights, and then distill it as your Aqua Cœlestis.

*To make Doctor Seccuens water.*

**T**AKE of Rose-leaues one dram, Borage, Buglosse, Violets, and Rosemary.

### *A Closet for Ladies*

mary-flowers, of each a dram & a halfe,  
Spikenard a dram, Cinamon 2. ounces,  
Ginger an ounce, Cloues & Nutmegs,  
of each halfe an ounce, Cardamons a  
dram and a halfe, Gallingle two drams,  
Cubebz a dram, Pepper three drams,  
Anniseeds, Caraway-seeds, and Fen-  
nell, of each an ounce, Lignum Aloes  
halfe a dram, Corall and Pearle in fine  
powder of each one dram; bruiſe these,  
and put them in a pottle of Aqua-vitæ,  
and a quart of Sacke, vsing it in euery  
respect as your Aqua Cœlestis.

### *To make Balne-water.*

**T**AKE Balne, dry three ounces,  
Time, Peneriall, of each an ounce,  
Cinamon foure ounces, a dram of  
Cardomus, Graines halfe an ounce,  
sweet Fennell-seeds an ounce, Nut-  
megs and Ginger, of each a dramme,  
Gallingle one ounce, Celamus, and  
Cyprus, Cubebz and Pepper, of each  
two drams, of Caper roots halfe a  
dram, of Dipramus one dram: bruiſe  
these

*and Gentlewomen.*

these things, and put them to a pottle  
of Sacke, and sleepe them 24 houres,  
and then vse it as the former waters.

*Angelica water.*

**T**Ake Cardus dry a handfull, Angelica  
roots three ounces, of Mirrh one  
dram, Nutmegs halfe an ounce, Cina-  
mon, Ginger, of each foure ounces,  
Saffron one dram and a halfe, Carda-  
mons, Cubebs, Gallingle and Pepper,  
of each a quarter of an ounce, Mace  
two drams, Graines one dram, Lignum  
Aloes, Spikenard, Iuncus Odoratus, of  
each a dram; Sage, Borage, Buglosse, Vi-  
olets and Rosemary flowers, of each  
halfe a handfull; bruisse these, and steep  
them in a pottle of Sack twelue houres,  
and distill it as the rest.

*Rosa folia.*

**T**Ake Liquorice eight ounces, An-  
niseeds, Carroway, of each an  
ounce, Raisons stoned, Dates, of each  
3. ounces, nutmegs, ginger, cinnamon,

C 3

Mace,

### *A Closet for Ladies*

Mace, of each halfe an ounce, Gallin-  
gale a quarter of an ounce, Cubebs one  
dram, Figs two ounces, Sugar foure  
ounces: bruiſe theſe, and diſtill it with a  
gallon of Aqua-vitæ, as the reſt: but  
when it is diſtilled, you muſt colour it  
with the herbe Roſa-ſol 5, or elſe Alka-  
net root.

*Worneewood-water.*

**T**Ake of Worneewood two ounces  
and a halfe; Sage, Butony & Rue,  
of each halfe a handfull. Roſemary tops  
a handfull, Cinamon 3. ounces, Nut-  
megs halfe an ounce, Cloves and Mace,  
of each halfe a dram, Ginger an ounce;  
Gallingale, Cubebs and Spikenard, of  
each a dram and a halfe, of Scordium  
halfe a handfull: bruiſe theſe, and put  
them into a pottle of Sacke, and a  
pint of Aqua-vitæ, and ſleepe them  
foure and twenty houres, and diſtill  
them as the reſt.

HERE

and Gentlewomen.



## HERE BEGIN Conserues.

*To make Marmelade of Quinces.*

**T**AK: your Quinces, and boile them tender: then pare them and cut them to the core: then draw the pulp, that is, the Quince, thorow a haire Searce, and weigh it: to euery pound of pulp, take a pound of clarified Sugar, and boile them together till they come to a perfect colour, putting to them in the boiling a little Oyle of Cinamon; and when it is boiled enough, that it will not sticke to the pan, put it into your Marmelade-Boxes. But your conserue must not bee boiled

### *A Closet for Ladies*

so high in any case, for then it will not be so good.

*To make Conserue of Red and Damask Roses.*

**T**Ake of the purest and best colored buds you can get, & clip off the whites from them, and to euery pound of leaues, you must take three pound of Barbary Sugar, & beat them together till they be very fine; & then with a wooden Spatter take it vp, & set it on the fire till it be thorow hot, and then presently put it vp, and it will be of an excellent colour.

*To make Conserue of Violets.*

**T**Ake of your Violet Flowers, and picke off all the blew Flowers, and keepe them, and weigh them, and take to euery ounce of Flowers, 3. ounces of refined Sugar, and beat them in an Alabaster Mortar till they bee very fine, and then take them vp, and put them

*and Gentlewomen.*

into an earthen Pipkin, and set them  
vpon the fire till such time as they bee  
thorowly hot, and then take them off,  
and put them vp and keepe them.

*To make Peccorall row'es for the Cough.*

**T**AKE Liquorice-powder finely sear-  
ced one ounce, of the Spices of Dia-  
dragaganthum frigidum 2. drams, of  
Gum Arabeck and Dragagant in fine  
powder, of each a dram, white Starch  
halfe a dram, Anniseeds in fine powder  
1. ounce, mingle with the rest: then take  
of Sugar six ounces, of Pennits one  
ounce and a halfe, Sugar-Candy one  
ounce powdered and mingled with the  
former powder: then take Gum-draga-  
gant steeped in Rose-water, and beat it  
into paste, & so make it into long roulees,  
and so dry them and keepe them.

*To make Conserue of Borage-Flowers.*

**T**AKE of your Borage flowers well  
coloured, and picke the blacks from  
C s them,

### *A Closet for Ladies*

them: then weigh them: to euery ounce of flowers, you must take three ounces of Sugar, and beat them together in an Alabaſter Mortar with a wooden Peſtle till they bee very fine, ſo that you cannot diſcerne any Sugar in lumps; then take them out, and put the Conſerue into a Pipkin, and heat it thow hot: and hauing thus done, put them vp, and keepe them all the yeare.

#### *To make Conſerue of Roſemary-flowers.*

**T**Ake your Roſemary-Flowers, freſh and good, and picke them from the greene ſtake: weigh them, and take to euery ounce of flowers, three ounces of Sugar-Candy, and beat them very fine, vſing them in euery reſpect as you did your other Conſerues.

#### *To make Conſerue of Bugloſſe-flowers.*

**T**Ake your Bugloſſe-flowers, and picke them as you did your Bo-  
rage



*and Gentlewomen.*

rage Flowers, and then weigh them, and to euery ounce of Flowers, you must take two ounces of hard Sugar and an ounce of Sugar-Candy, and beat them together till they be exceeding fine, and then set them on the fire, to dissolue the Sugar; and when it is dissolved, and the conserue hot, put it vp and keepe it all the yeare.

*To make a Pomander.*

TAke of Beazon one dram and a halfe, of Storax halfe a dram, of Lignum Aloes in fine powder halfe a scruple, of Labdanum halfe an ounce: powder all these very fine, and searce them thorow Lawne: and then take of Musk a dram, Ambergreece ten grains, Ciuet ten graines, and dissolue them in a hot Mortar with a little Rose-water, and so make them into a Pomander, putting into it six graines of Ciuet.

To

## *A Closet for Ladies*

### *To make Conserve of Barberries.*

**T**Ake of your Barberries which are very red and ripe, and picke them from the stalkes, and then wash them, and put vnto them a pretty de le of faire water, and set them on the fire in an earthen pan, and so scald them; and being thorowly scalded, pulpe them thorow a fine Searce, & to euery pound of Pulp, take a pound of powder Sugar, and boile them till it be enough, that is, till it will cut like Marmelade.

### *To make Conserue of Cichory flowers.*

**T**Ake of your Cichory flowers new gathered; for if you let them lie but one houre or two at the most, they will lose their colour, and do you very little seruice: therefore weigh them presently, and to euery ounce of flowers, you must take three ounces of double refined sugar, and beat them toge-

*and Gentlewomen.*

together in a Mortar of Alabaster and a wooden Pestle, till such time as they be thorowly beaten; for, the better the Flowers and Sugar bee beaten, the better will your Conserve bee; let this alwayes be for a generall rule; and being very well brayed, you must take them vp, and put it into a Chafer cleane loured, and set it on the fire till it bee thorowly boyled: then take it off, and put it vp, and keepe it all the yeare.

*To keepe Cucumbers in pickle all the yeere.*

**T**Ake foure gallons of Conduit water, and put into it three quarts of bay Salt, two handfulls of Sage, one handfull of sweet Marioram, and foure handfulls of Dill: let these boile till it come to three Gallons, and then take it off; and when it is almost cold put a hundred of Cucumbers into that Liquor, into a Butter-barrell, and keepe them all the yeare, but looke that alwayes the herbs lye vpon them:

*A Closet for Ladies*

them : and thus done, it will bee a most excellent Sallet with Oyle, Vinegar and Pepper.

*An exceeding fine Pill vsed for  
the Gout.*

**T**AKE of Aloes two ounces, Masticke three drams, Agrick halfe an ounce, Ginger halfe a dram let these be powdered very fine : then take of the extraction of Rubarb three drams, and with white wine let them bee incorporated into a masse of pilles, adding vnto them a drop of Oile of Cloues, and as much of Nutmegs.

*A medicine for the Gout.*

**T**AKE of the Slips of Starres to the number of foure, and then take to euery slip foure Inailes, and put them into an earthen Pot, and sprinkle foure or fve handfulls of Salt vpon them, and then put to them Sage, Rue, Wormewood and Hylop, of each foure handfull,

*and Gentlewomen.*

fuls, and so distill them; and when you haue distilled them, put to them a quart of Wine Vinegar, wherein an ounce of white Mercury is dissolved, and so bathe the place infected with the Gowt, and it will ease them presently.

*To make Sirup of Pomcitrons.*

**T**AKE Pomcitrons, and cut them in halues, and iuyce them, but beware you wring them not too hard, lest it be stony; and then take to euery pint of iuyce three quarters of a pound of refined Sugar, and boile it in an earthen Pipkin till it come to the height of a Sirup, and take heed in any case that you boyle it not on too hot a fire, lest it burne: and then, when it is boyled enough, put it vp, and keepe it all the yeare.

To

### *A Closet for Ladies*

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### *An exceeding fine Pill vsed for the Gout.*

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### *A medicine for the Gout.*

**T**Ake of the Slips of Starres to the number of foure, and then take to euery slip foure snails, and put them into an earthen Pot, and sprinkle foure or fise handfuls of Sak vpon them, and then put to them Sage, Rue, Wormewood and Hytop, of each foure handfuls,

*and Gentlewomen.*

fuls, and so distill them; and when you haue distilled them, put to them a quart of Wine Vinegar, wherein an ounce of white Mercury is dissolved, and so bathe the place infected with the Gowt, and it will ease them presently.

*To make Sirup of Pomcitrons.*

**T**AKE Pomcitrons, and cut them in halues, and iuyce them, but beware you wring them not too hard, lest it be slimy; and then take to euery pint of iuyce three quarters of a pound of refined Sugar, and boile it in an earthen Pipkin till it come to the height of a Sirup, and take heed in any case that you boyle it not on too hot a fire, lest it burne: and then, when it is boyled enough, put it vp, and keepe it all the yeare.

To

## *A Closet for Ladies*

### *To make Sirup of Violets.*

**T**Ake your Violets, and picke the Flowers, & weigh them, and then put them into a quart of water, and steepe them vpon hot embers, vntill such time as the Flowers bee turned white, and the water as blue as any Violet: then take to that a quart of infusion, and take foure pound of clarified Sugar, and boile it til it come to a sirup, scumming and boiling them vpon a gentle fire, lest it turne his colour: and being boiled, put the Sirup vp, and keepe it.

### *To make Sirup of Liquorice.*

**T**Ake your Liquorice eight ounces, and scrape it very cleane, and bruisse it very well, and maiden-haire one ounce, Anniseed and Fennell seed, of each halfe an ounce: steep these in foure pints of Raine-water halfe a day: and then boyle it to a quart: then take



*and Gentlewomen.*

take a pound and a halfe of clathed Sugar, and boile it with that liquor till it come to a sirup, and then put it vp, and keepe it.

*To make Sirup of Horehound.*

**T**Ake of Horehound two handfulls, of Cokes-feet a handfull, of Time, Penniriall and Calamint, of each two drams, of Liquorice one ounce and a halfe, of Figs and Raisons of the Sunne, of each two ounces, Piony kernels a quarter of an ounce, Anniseeds and Fennell seeds, of each a quarter of an ounce : boile these in a gallon of faire water, till it come to a pottle or three pints, and then straine it, and take three pound of Sugar, and three Egges, and clarifie that liquor, and so boile it to a sirup, and so keepe it all the yeare.

## *A Closet for Ladies*

*To make Sirup of Maiden-haire.*

**T**Ake of Maiden-haire six ounces, of Liquorice one ounce, scraped and sliced: steepe these twenty foure houres in foure pints of Conduit water, and then boile them to a quarr, and then take two pound of clarified Sugar, and boile it with that liquor vpon a gentle fire of Charcoles, till it come to a Sirup, scumming it very often, that it may be the clearer; for, the clearer it is, the better it is: and being boiled enough, put it vp.

*To make Sirup of Hysop.*

**T**Ake of Hysop one handfull, of Figs, Raisons, Dates, of each an ounce, of Calamint halfe a handfull, of French Barley one ounce: boyle these in three pints of water to a quarr, and then straine it, and then clarifie it with the whites of two Eggs, and two pound of Sugar, and so boyle them

*and Gentlewomen.*

them to a Sirup : and being boyled  
enough, keepe them all the yeere.

*To keepe Cherries all the yeare, to haue  
them at Christmas.*

**T**Ake of the fairest Cherries you can  
get, but bee sure that they bee not  
bruised, and take them, and rub them  
with a linnen cloth, and put them into  
a barrell of hay, and lay them in ranks,  
first laying hay in the bottome, and  
then cherries, and then hay againe: and  
then stop them vp close, that no aire  
may come neere them, and lay them  
vnder a Featherbed where one lieth  
continually : for the warmer they are  
the better, yet neere no fire : and thus  
doing, yon may haue Cherries at any  
time of the yeare.

To

## *A Closet for Ladies*

### *To make Sirup of Mulberries.*

**T**Ake your Mulberries which are very ripe, presse out the iuice from them thorow a linnen cloth betweene two sticks, and then to euery pint of iuice, take a pound of Sugar, and boile it to the height of a Sirup, and then keep it all the yeare long: and if it wax any thing thinner, a moneth after you put it vp, boile it againe, and then put it vp.

### *To make Sirup of Lemmons.*

**T**Ake your Lemmons, & cut them in halues, and betwixt your fingers iuice them, and the liquor that runs from them will be very cleere, then take to a pint of iuice, a pound and a quarterne of hard Sugar, which is very white, and beile it to a Sirup, and it will keepe excellent well.

*To*

*and Gentlemen.*

*To make Sirup of Roses solitarie.*

**T**Ake of Damaske-Roses, and pull them, then take a gallon of water, and when the water is hot, put in a good many Damaske rose leaues, and take them out when they looke white, and doe so ten times, and then the water will looke red: and then, to euery pint of that liquor, put a white of an Egge, and a pound of Sugar, and clarifie it, and boile it to a Sirup, and keepe it all the yeere. The thicker the Sirup is, the better it will keepe.

*To make Sirup of dry Roses.*

**T**Ake of red Roses dried foure ounces, and infuse them in a quart of faire water vpon hot embers till the Roses haue lost their colour: then take a pound and a halfe of Sugar, and clarifie your liquor

### *A Closet for Ladies*

quor and Sugar with two Egges, and  
then boile it to the height of a Sirup:  
but take heed in any case, that you  
set not your Sirup vpon too hot  
a fire : for then it will lose  
his colour, and bee  
worth nothing.

A

and Gentlewomen.

*A Medicine to giue  
a woman in Trauell,  
to make her haue  
Throwes.*

**T**Ake corall, amber, date stones,  
Pearle, Piony-seeds, Saffron,  
Commene: beat all these in Pow-  
der, & put it into Malmesie, and take V-  
nicornes horne, & put it into a spoone  
with a little Malmesie, and giue it to  
her, and presently let her drinke a  
draught of the Malmesie, with the pow-  
ders aforesaid, warming of it a little.

## *A Closet for Ladies*

*A Medicine for the falling downe of the  
Matrice to the bearing place.*

**T**Ake Chickweed, and see the it in an earthen pot : then lay of it vpon a peece of Scarlet, as hot as the party may suffer it : let her take it to the priuy place, and as one plaister cooles, so lay another and vse it.

*Another for to be taken to the Nauill, and  
to the backe right against the  
Nauill, for the same.*

**T**Ake a red Onion, and rost it very tender : then take of Allysan-der seeds, and bruiſe them in a wooden dish, and mingle the Onion and the bruiſed ſeeds together, and lay it vpon a peece of linnen cloth : ſo lay it to the Nauill a little warme : roule that on, and let it lye on 24. houres,



*and Gentlewomen.*

houres: then change it, and take a new one till it be whole.

It is good for the Mid-wife to hold Muske below (tied in a little Lawne) to draw downe the childe.

Take Torch-wort, and lay a leafe of it to the crowne of a womans head warme, to stay other flowers.

*A Medicine for a womans after burden,  
if need be, to bring it downe.*

**T**Ake Sothern-wood, and wash it cleane, and stampe it, and straine it in strong Ale, and giue it her to drinke warme.

*To stop the whites in women.*

**F**Ry Hemlock in fresh swines greace: lay it as hot as she may suffer it, to the secret place.

D

For

## *A Closet for Ladies*

### *For a Tetter.*

**T**AKE Oats and seeth them in water, and where the Tetter is, hold ouer the reeke thereof, as hot as may be, laying a cloth ouer it, to keep in the reeke, so that the cloth doe not touch the Tetter: vse this hve times morning and euening.

*To make a Sear-cloth for an a:b that  
is new'y come.*

**T**AKE Boares grease, Camphire and wax, and boile them all together, and so make a Sear-cloth thereof, and lay it to the grise.

*For a Felon or an Handcome.*

**T**AKE Herb-grace, rusy Bacon, sowre Leauen, and Snailes that bee with shels on their backes, taking them out of their shels, and beat all these together, and lay it to the grieve.

*For*

*and Gentlemen.*

*For to heale any, if they be scalded  
with hot liquor.*

**T**Ake Alehose and Auens, sheeps  
luct, and sheeps dung, and Goose  
dung, and when you haue washed  
the herbs, breake them all together a  
little, and so fry them together, & then  
straine it, and make Plaisters thereof,  
and lay it to the grieke: warme it a little  
when you lay it to, laying new plaisters  
to it twice a day: you may take the iuice  
of Houslecke, and sallet oile, and water,  
and beat them together, and wash the  
grieke before you vse this Plaister.

*A Medicine for the bites.*

**T**Ake a quart of new Milk of a red  
Cow, 10. spoonefulls of Red-rose  
water, a pomgranat pill beaten,  
and a little Cinamon beaten, and seeth  
it halfe away: sweeten it with Sugar,  
and drinke a draught morning and  
euening, and two whites of Eggs beaten.

D 3

## *A Closet for Ladies*

*A Medicine for them that are given  
to bleeding.*

**M**Ake a Posset, and take off the curd,  
and take Liuer-wort, and beat it,  
and put the iuyce thereof in o the Pos-  
set-drinke, and drinke it morning and  
euening warme.

*For the heat in the Kidnies.*

**T**AKE Houslecke and Plantane, and  
not wash them, but wipe them  
with a cloth, and beat them, and  
straine them, and put to the iuyce  
thereof Red rose-water, and Wine-  
vinegar, and womans milke, and take  
the herbs and put them into clothes,  
and tye the clothes with thred like a  
couple of bals, and you must (when  
you doe vse it) haue one to doe it for  
you in the morning when you are in  
your bed : and the party must take  
the bals, and dip them in this liquor,  
and so bathe your Kidnies ; and as  
soone

*and Gentlewomen.*

soone as one of the bals is hot with doing of them, take the other, and so vse it an houre every morning.

*A Medicine for the Stone.*

TAke Pellitory of the wall, Smallage, Hoilhockes, Mallowes, Tanfic and Saxifrage, of each a handfull: chop them small, and quelt them in a little linnen bag: then take three pints of creame, halfe a pint of Malnesie, a quarter of a pint of running water, and set them on the fire; & when it doth seeth, then put the bag of herbs into the pot, and when the bag is thorowly hot, wring it betweene two trenchers ouer the pot to saue the liquor: then lay the bag to the grieve as hot as you may suffer it; and as soone as it cooleth, make it hot againe in the same liquor, and so apply it to the grieve.

## *A Closet for Ladies*

*For the Worme et.*

**T**Ake a handfull of Basil mints, a handfull of Lauender Cotton, as much of Wormewood, Peach-leaves as much, Feather sue a handfull, of vnset Leckes a handfull: boile them together in three spoonefuls of Wine-Vinegar, and of his own water as much, and quilt them in a bag, and so lay it warme betweene his nauill and his stomacke.

*To heale a sore brest that comes with the  
inf. Et on of the milke.*

**T**Ake Mallowes and Saffron, and seeth them in Milke, and when it hath sodden a good while, put in some crummes of leauen bread, and boile them well together; and a little before you take it vp, put some Sallet Oyle into it: you must let it boile till it comes to a Poultis, and so lay it warme to your brest: if you perceiue  
that

*and Gentlemen.*

That this will not help your brest without it to breake, you must rost a Lilly root, and lay it to your brest where you will have it breake: and when it is broken, you must rent it with leaven and milke sodden thicke together, and make a Plaster thereof, and lay it to the place where it is broken; you must dresse it twice a day, laying the Poultis all a bout your brest, saving the place that the Plaster lyes on: you must dresse it both with new Poultis and a new Plaster twice every day, till it begin to heale, and then once a day is sufficient.

*To stop bleeding at the Nose.*

**T**Ake Bolsterminack, and the white of an Egge, and Vinegar, and beat them together, and make Plaisters thereof, and lay them to your Temples.

## *A Closet for Ladies*

*To stanch the bleeding of a wound.*

**T**Ake of vnset Hylop, and bruisse it a little, and take the powder of the bone that is to bee found in a Capers head, and strew the same powder on the Hylop, and lay it to the wound.

*Another for to stanch the bleeding  
of a wound.*

**T**Ake Hogs dung hot from the Hog, with Sugar, and lay it to the wound.

*For the weaknesse in the b.cke.*

**T**Ake Clary and Dates, and the pith of an Oxe, and put them together, and then put them to your creame, and Egges, and grated bread, and fry them together, and strew Sugar on it, and eat it in the morning fasting, and you must put some white  
Sanders



*and Gentlewomen.*

Sanders in it also when you temper it together.

*For the Wormes.*

TAke Mares milke, and drinke it as hot as you can haue it from the Mare, in the morning fasting.

*To know whe. her a Chi'de hath the  
Wormes or no.*

TAke a peece of white Leather, and pecke it full of holes with your knife, and rub it with Worme-wood, and spread honey on it, and strew the powder of Alefackatrina, and lay it on the Childs Nauil when he goeth to bed, and if he haue the Wormes, the plaister will stick fast; and if he haue them not, it will fall off.

D 5

For

## *A Closet for Ladies*

*For oxe that is bruised with a fall.*

**T**Ake stone Pitch and beat it, and drinke it with white wine, or sacke, or Maluesie; and if you have none, then take some other liquor: then make Parmacity, and anoint the place where the bruise is.

*For Ieiund Collicke.*

**T**Ake Pasly-seeds, and bruise them, and seeth them in Sack, and drinke it warme when you haue your paine.

*For the Gonor: that is newly come.*

**T**Ake Rubarb, and grate it, and mingle it with Conserue of red Roses, and eat thereof euery morning tasting a pretty quantity.

*and Gentlewomen.*

*A Water to wash a Sore.*

**T**ake of Plantane, and Wood-bine-leaves, and white Roses, and still them together, and when the water is stilled, put a quantity of Camphire into it, and so let it lye in the water continually.

*For the shrinking of the Sinewes.*

**T**ake the Marrow of a horse bone, and the crops of Elders, and as much of Sare, and chop them together, and boile them in the marrow, and then straine out the herbs, and put to the liquour one spoonfull of honey, two spoonfulls of Aqua-composita, and a quantity of Pepper, and boile it againe, and keep it for your vse.

*For the Piles.*

**T**ake a quantity of Ragwort, and a quantity of ground-luic, and the

### *A Closet for Ladies*

the marrow of the hinder leg of a Bullocke, and beat the marrow and the herbs together, and boile them on a soft fire, and straine them, and keepe it for your vse.

### *A Salve to take dead flesh out of a sore*

**T**Ake a spoonefull of Vinegar, and a spoonefull of Hony, and a quantity of Verdi-greace, and as much Al-lome, and boile all thete together, and keepe it for your vse.

### *For the staying of the Flux.*

**T**Ake a new laid Egge, and take off a little of the top of it, and poure out a little of the white, and fill vp the Egge with Aqua Composita, and stirre it together, and rost it, and sup vp the Egge in the morning fasting : till you be well vse this.

*Another*

*and Gentlewomen.*

*Another for the same.*

**M**Ake Rice-pottage with Almond-milke : you must not blanch the Almonds, and make little bals of Virgin-wax : make them lesse than Pease, and when you doe eat of the Pottage, take three or foure of the Bals, and put them in euery spoonefull as you doe eat it.

*For the Gout.*

**T**Ake an earthen pot, and put in to it a quart of Aqua-Composita, and take two handfulls of Henbane, and breake it, and put it into it, and set the pot in the earth all the moneth of May, and it wil come to an Oile; and at the end of May, you must take it vp, and keepe it for your vse: you must cover the pot very close when you set it in the ground; and when you annoint the grieffe therewith, you must doe it against the fire.

*For*

## *A Closet for Ladies*

### *For the Piles.*

**T**Ake Maitlen also beefe, and dry it, and beat it to powder, and then put it into a chaine dish of coles, and set it in a chaine, and sit over it.

### *For an Ague.*

**I**F it bee for a childe, take two spoonfulls of good Ale, and teeth it, and scum it, and one spoonfull of the Syrup of Roses, and let him drink it luke warme; if for an old body, then take three spoonfulls of good Ale, and two spoonfulls of the Syrup of Roles.

### *To make a fresh Cheese.*

**T**Ake a quantity of new Milke, and let it on the fire, and let it boyle, and take halfe a dozen yolkes of eggs, and beat them, and stirre them in the milke on the fire: then take it off the fire, and keepe it stirred till it bee luke warme,

*and Gentlewomen.*

warne, and then put Runnet into it, and stirre it, and let it stand till it bee gathered together, and take vp the Curd, and put into it Cinamon and Garter, and stirre it about and make dishes of it, as you thinke good,

*A Medicine for a pestilent Ague, or to  
drive any thing from the heart.*

**M**Ake a Posset with white wine, and take away the curd, and take horse dung of a stone horse, as hot as you can get it from the horse, and straine it with the Posset drinke, and put a little Methuadate, and Cardus Benedictus water, and Vnicornes horne: and if you haue no Vnicornes horne, then put luory or Sea horse tooth, and giue it to the sicke to drinke fasting in the Morning, warming it, and you must put the Vnicornes horne into the spoone, and take it with some of the Posset-drinke, and

### *A Closet for Ladies*

and so drinke the Posset presently after  
it, and vse this two or three mornings.

*A Medicine for the sorenesse in the throat  
that commeth with the  
Rheume.*

**T**Ake halfe a pint of Hony-suckle-  
water, and two lewes eares, of  
Plantane and Si kfield halfe a  
handfull, and a few Columbine leaues:  
these must be sod with as much white  
Sugar-Candy as will bring the liquor  
to a Sirup: you must put in a little Ho-  
well, Cinamon, and so rake it in the  
morning, and in the euening, and at  
such times as your throat is dry.

*Another for the falling of the Euallw, or  
other paine in the throat.*

**T**Ake a handfull of red Sage, a  
spoonfull of Dill-seed, a peece of  
leauen:



*and Gentlewomen.*

leaven: boyle these in a litle new milke  
till it be thicke: then lay it on foure fine  
clothes, and lay one cloth to the nape  
of the neck, and another to the throat,  
and to each temple one, and binde the  
clothes, and doe this as often as need  
shall require: for it hath beene proued.

*A Salve for a greene wound.*

**T**Ake a pound of Rosin, halfe a  
pound of Wax, foure ounces of  
old Swines grease, one ounce of  
Verdigrease: boile them all together  
vpon a soft fire, and straine them.

*A water to heale all sores in legs,  
and vlcers.*

**T**Ake a pound of Roch-All me,  
4. ounces of greene Coperas: beat  
them some what small, and put them  
in a pan on the fire, euer stirring  
them till they bee molten and dryed  
again,

### *A Closet for Ladies*

Againe ready to be powdered, and lea-  
them againe in fine powder, and keepe  
them to your vse. When you will make  
your water, set a pottle of faire Con-  
ditt-water over the fire, till it boileth  
fast then take it away, and as soone as it  
leaueth boiling, cast abroad your pow-  
der on the water, the which will make it  
to boile: as long as your water riseth, so  
long cast your powder in; and when it  
leaueth rising, and is blacke in the bot-  
tome, then it is perfect: then, if you see  
a dangerous sore leg, first cast your  
powder presently thereon, and lay  
thereto three or foure fold of linnen  
cloth wet in water, and roule it vp: doe  
so till the Vicer be cleane.

*A very good water for a sore mouth.*

**T**Ake of Conduit water a pint, one  
handfull of Hyssop, of white wine,  
and of Almonds a pound, of Roses  
three ounces: seeth them all together  
till

*and Gentlemen.*

Take the herbs here tender: then take it  
from the fire and straine it, and keepe it  
for your use: you must alwaies wash your  
mouth, and rub it walter meat, and in  
the morning.

*A Casse to breake any swelling that is  
ready to breake.*

**T**Ake of Comaine, of Hyssop, and  
of quick lime a like quantity: bray  
them together in a Mortar, till it  
be very fine: when you would open an  
Impostume, lay it as big as an hasel Nut  
upon the next place, and binde it very  
hard, and let it remaine there 4 houres:  
then take it off, for it will make the  
place dead, & then you may let out the  
matter without grieue to the patient.

*A Catitus Plaiſter,*

**T**Ake of Litrage of gold powdred ve-  
ry fine, common oile, hogs grease

### *A Closet for Ladies*

a pound, white Coperas foure ounces : put them all together in a brazen Pan, and seeth it ouer a very soft fire of coles, and try it continually vntill it come to a body ; and in the boiling you must cast into it one ounce of good Rose-water, or two, and now and then a spoonefull ; and when it is come to a good body, take it off the fire, and stir it till it be cold, and ready to be made vp in a rowle, and then make it vp.

### *To make Populier.*

**T**Ake of Populer buds a pecke, of hogs grease foure pound : seeth them both together a quarter of an houre, and then take it off, & straine it: if it be too thin, put in a little Wax.

### *Basilicon.*

**T**Ake Pitch, Rosin, Wax, Sheepes Suet, common Oyle, a like quantity:

*and Gentlemen.*

tity : beat these small, and put them in a brazen Pan, and melt them all together: then take them off the fire, and straine them thorow a coorse linnen cloth, for the Pitch will not be moltent: this is good for all manner of sores; and when you will put in a Tent, mix it with the yolk of an Egge.

*Maturacum Pustulis.*

**T**AKE Onions, Garlick, Dow, Lilly-roots, a like quantitie : roast them all in a wet cloth vnder ashes, and then put them in a Mortar, and beat them small: this is good for all Impostumes to breake them out.

*A Medicine to heale old sores.*

**T**AKE Plantane, Bramble tops, Orpin, Bettony, Egremony, of each a handfull : straine them, and put thereto Rosin and Wax, of each a quarter of a pound ; fresh Hogges grease and Sheeps suet, of each foure ounces :

### *A Closet for Ladies*

ounes: boile them ali together till the  
uice be co: firmed: then straine it, and  
keep it to raise flesh, and heale old sores.

*A plaister to be leold sores after they be  
made cleare, and filled wi<sup>th</sup> flesh.*

**T**Ake Sallet oyle halfe a pint, Lead  
a quarter of a pound: boile these  
till they be black, and keepe them  
for your vse.

*To cleaue a sore, and take away  
the dead flesh.*

**T**Ake Wood-binde flowers, white  
Roses, Plantane, and still them  
together; and when it is stilled,  
take six penniworth of Camphire, and  
put it into a quart of the water, and set  
it in the Sun for ten or twelue dayes,  
and so wash the sore withall.

and Gentlemen.

*A medicine for a sore throat.*

**T**ake a pint of milke, halfe a handfull of Columbine leaues, halfe a handfull of Gafell, & halfe a score leaues of Sinkfield, two lewes eares, and so the party must vse it euening and morning, and gaigale it in his throat.

*A Medicine that will heale any wound  
or sore, and keepe it without proud  
flsh, or dead flesb.*

**T**ake halfe a pound of wax, a quarter of a pound of Sheeps suet, a quarter of a pound of rosin, and a quarter of a pound of Turpentine, halfe a pint of Sallet-oile, two handfulls of Bugle which growe in the Wood, a handfull of Smalage, a handfull of Mallowes, a handfull of Valerin, a handfull of Grunell, and a handfull of Balme : stampe and straine the herbs,

### *A Closet for Ladies*

herbs, and put the iuice into the fore-  
said things, being a while boyled: then  
seeth them tog ther a quarter of an  
houre: then take it from the fire, and  
let it stand till it bee cold: then take a-  
way the Smallage from the bottoime:  
then take some of your Balme-water,  
and put into it, so much as will make it  
greene, and let it boile together halfe a  
quarter of an houre, and so take it to  
your vse.

### *A Glister.*

**T**Ake Camomile, Bettrony, Dill,  
Pellitory of the wall, Hysop,  
Rue, of each a handfull: boile these  
in the broth of a Sheeps head, till  
the broth bee very slippery: then  
take a pint of the broth strained,  
and put two of the Pils of Diabes,  
of each a crowne weight and a halfe;  
Diacatholice, Diaphenicon, of each  
halfe an ounce; Oyle of Camomile,  
Oyle of Dill, of each an ounce, a  
little



*and Gentlemen.*

little salt, and a glister: if you will haue it breake winde, put into the foresaid Commine-seed, Fennell-seed, Anni-seed, of each bruised two good handfuls, and boyle all together, and strain it, and make it as aforesaid, and put in the glister.

*To take away the heat of a burne, or out of a scald.*

**T**AKE egges, and roast them as hard as a stone: then take out the yolkes of them: then take a frying pan, and put in the yolkes of the hard egges, and so let it fry til it come to an Oyle: then straine it, and annoint the burne withall: then take a bladder, and annoint it with Sallet-oyle, and lay it to the burne.

*To make another Glister.*

**T**AKE running water, two handfuls of Carmon, a handfull of Malloves, a handfull of Worme-wood, a  
E hand-

### *A Closet for Ladies*

handfull of Mercury, an ounce of Commine, two ounces of Fennell-seeds, two ounces of Anniseeds: beat all your seeds, and set your herbs a boyling, and straine them.

### *A Medicine for one that is broken.*

**T**Ake a quantity of Comfrey, a quantity of Knehome, a quantity of knotted grasle, a quantity of Riberuorum, and a quantity of Polipody: stampe them all together, and straine them in Ale, and then giue the patient the same to drinke cold, and trusse him vp with some bolster, and let his diet be but competent, eschewing all slippery meats, as butter, and such like: provided alwayes, that the patient keepe his bed six or seuen daies, lying vpon his backe, and sometimes hold his belly with his hand.

*and Gentlewomen.*

*To make a Poultis for swelling.*

**T**Ake the crum of Manchet, and  
see the it in milke till it be thicke:  
then put in a peece of new Butter a-  
bout the quantity of a Walnut, or  
somewhat more.

*For the Rheume.*

**T**Ake a little quantity of Masticke,  
and as much Pellitory of Spaine  
cut in small peeces: sew them in a lit-  
tle bag of linnen cloth: keep the bag  
in your mouth till the Pellitory and  
the Masticke be consumed, and spit in  
the meane time as much as you can.

*For the Tooth-ache and the Rheume.*

**T**Ake a quantity of Gum of Iuie:  
put it in a litle bag of linnen: then  
wet your bag in Aqua vitæ or Vine-  
gar, and keep it in your mouth till the  
Gum of Iuie be consumed: hold the

E 2

bag

### *A Closet for Ladies*

bagge ouer or vpon the hollow tooth.

#### *A water for the eyes.*

**T**Ake a pint of white wine : then heat a stone called Lapis Calamitaris, red hot, nine or ten times in the fire, and quench it euery time in the wine : the last time you quench your stone, stir it about in the wine : then keepe your water in a cleane glasse, and let it stand, vñe to put in your eye one drop or two morning and euening.

#### *For the eyes.*

**T**Ake Rosemary, Housleeke, red Fennell, and roast an egge, and take out the yolke : beat these herbs together and straine them.

#### *For the paine in the head.*

**T**Ake of the best sallet oyle you can get, and the flowers of wilde prim-  
roses,

*and Gentlewomen.*

roses, and put them into the oyle, and then set it on the fire, and let it boyle halfe an houre very softly : then put it in a glasse, and set it in the Sunne three weekes, and then rub your temples euening and morning. E.C.

*A Gargas for to purge the head.*

TAke a pint and a halfe of Wine. Vinegar, Mustard seeds, Ginger, Cloues, Nutmegs, Pellitory-roots, about the quantity of one ounce : when they are beaten, put it into the liquor, and stir them together for the space of a week : then gargasse it euery morning before you vse the oyle to your head.

*For a pin and a Web.*

TAke the oyle compacted of the bone of a Gooses wing, and rub it in the palme of your hand, that no thiuers of the bone do stick in it, and

E 3

put

### *A Closet for Ladies*

put it in with the point of a pin : for the bignesse of a pins head is enough at once.

#### *For a swelling.*

**T**Ake Barrowes grease, and Southernwood, and Aqua vitæ, and boile it together: and when you haue boiled it, straine it in a pan.

#### *For a Bone-ache.*

**T**Aketwo or three handfuls of Camomile, a quarter of a pound of sheeps suet chopt small, and a peece of stone-pitch of the quantity of a Walnut, and a peece of leauened bread in it crumbled very small: boile it in your owne water, till it be very thicke, that you may spread it vpon a cloth like a plaister, and lay it on the place where the ach is for foure and twenty houres, and so dresse it three times : if you doe, it will take away the ache.

*and Gentlemen.*

*A Medicine to heale an old sore, or a new.*

**T**Ake a quarter of a pound of Rosin,  
and melt it in a pan till it haue left  
cracking, and then take halfe as much  
wax, and a little Turpentine and  
sheeps suet chopt small, and a spoon-  
full of Oile-Oliue, and boile them  
all together, and when you haue done  
so, straine them in a pail of water,  
and make it vp euen as you will occu-  
pie it, and draw your plaisters thin,  
and dresse it three times a day, that is  
to say, at morning, noone, and eue-  
ning, till it bee almost whole : then  
dresse it but twice a day, morning  
and euening : but if there be any core  
that hinders the healing of it, take a  
little Mercury, and put it in two  
spoonfulls of water ; and when the  
Mercury is melted in the water, and  
congealed together, take a feather,  
and drop in two or three drops, and  
lay a plaister vpon the wound, and it  
will bring forth the core.

## *A Closet for Ladies*

*For an Andcome.*

TAKE halfe a dozen knots of a young Oake, and put them in a fire-pan, and burne them to a red cole, and take Boares grease, and fine suet, and two or three cornes of salt, and stampe them very fine, and so make a plaister of it ; and if it doe draw and heale too fast, lay line vnderneath the salve : you must dresse it twice in the Winter dayes, and thrice in the Summer-dayes.

*The Copie of Doctor Steuens water.*

TAKE a Gallon of the best Gascoine wine : then take Ginger, Gallin-gale, Cinamon, Nutmegs, Graines, Cloues, Anniseeds, Fennell-seeds, Carroway-seeds, of each of them a dram-weight : then take wilde Time, Hysop, Lauender, Sage, Mints, red-Roses, Garden-Time, Pellitory of the wall, and Rosemary, of each of them



*and Gentlewomen.*

them one good handfull, and bray the herbs very small, and stampe the spices all together very small : put all together into the wine, and close it fast twelue houres, and stirre it diuers times : then still it in a Limbecke, and keepe the first water, for it is the best : and then keepe the second, for it is good, but not so good as the first. E.C.

A dramme weight of the seed of Collumbine, bruised with halfe a penny weight of Saffron drunken with wine, is good for the landers : then goe to bed and prouoke sweat : the flowers distilled are good for the same purpose, and against swoonings.

*Pimpinell.*

This herbe is good against the Pestilence, to be taken fasting in a morning, and good against the stone: the roots sodden, condited in sugar, E 5 may

### *A Closet for Ladies*

may profit them that haue cold stomacks, and are troubled with too much fleame, the collicke and stone: this roor, any way taken, is good against poison.

Mouſcare is hot and dry: ſome vſe to giue the iuice of this common Mouſcare, to hinder the cold of a quartan Ague: ſome vſe to gather the roots in May, and dry it, and giue it to them that are broken: it is good for the bloody Flix, the great ſcowering of the mother, for wormes both outward and inward, common fluxes, for vomiting of choler, and ſpetting of bloud, and burſting, and ſpecially for breaking of the brain pan.

The iuyce of Coſtemary drunken killeth both ſmall and great Wormes in the belly: it is good for a cold Mother: it ſtrengthens the ſtomacke, whether it be drunken or laid to, and ſtayeth vomiting: the herbe of this nature, whether it be ſtewed, or elſe  
perſame

*and Gentlewomen.*

perfume made thereof, drives away  
Serpents, and is good against their  
poysons, and it helpeth and strength-  
neth the head.

*To take out the heat of a Burne.*

**T**AKE the fat of Hogges guts and  
sheepes trittles, and boyle them,  
and put them in a pot: this will heale  
the partie, and take out the fire, and  
will keepe good a whole yeare: this  
hath beene proued.

*To take the heat out of the face.*

**T**AKE running water and Elder-  
flowers, Plantane, white Daisie-  
roots, and herb-Robert: put them  
in the running water, and wash your  
face morning and euening there-  
with.

## *A Closet for Ladies*

*A Medicine for a Canker in ones  
mouth, proved.*

TAke running water, a handfull of  
Wood-binde leaues, a handfull of  
Bramble leaues, a handfull of Colum-  
bine leaues, a little Rosemary, and  
boyle them together till halfe the wa-  
ter be wasted : then put in two or  
three Spoonfulls of hony, a peece of  
Rosh-Allome, three or foure spoone-  
fulls of Wine-vinegar, and wash your  
mouth with the sodden herbs there-  
of three or foure times every day.

*The Diet drinke.*

FIRST buy a diet pot of the com-  
mon sort, such a one as will cost  
eight pence or ten pence : then put  
into it halfe a pound of Liquorice  
scraped and bruised, halfe a pound of  
Anniseeds bruised, three quarters of  
a pound of Lignum vitæ bought at  
the Turners, and one ounce of the  
barke

*and Gentlewomen.*

barke of the same wood, which is to be bought at the Apothecaries, halfe a pound of Raisins of the Sunne, the stones taken out, a good handfull of Scabias, an ounce of Chiny, two ounces of Salyprilla, a quantity of white wine: then fill vp your pot with faire water, sauing a pint: then couer your pot with his couer, and close it round about the brim with paste: then set it on a sotte fire of coales, and let it boile three houres, till the fourth part bee wasted: then put the clearest into bottles, and drinke morning and eue-ning a good draught, and so doe four- teene or fifteene dayes.

If you put a little of the wood into the fire, and there fry out of it like oyle, then you shall be sure it is good.

## *A Closet for Ladies*

*For the head-ache.*

**T**Ake two handfuls of Veruine, Betony, Camomile roots, Lettuce, Checmere, of each sort two handfuls, dried Roses : put them to powder of Nutmegs: boyle this in white-wine: then take out the herbs and fry them in Oyle-oliue, and straine them in a cloth, and make an ointment thereof, and therewith anoint the head.

*To make the Rheume medicine.*

**T**Ake five quarts of Hyfop-water : it must be stilled when the Hyfop beareth flowers ; and one pound of English Liquorice cleane scraped, and cut in little peeces : bruiſe them, and then put it to the water, and boile them till halfe be consumed away: then straine it in shallow pans, and set it in the Sunne, and stirre it now and then, and sometimes set it ouer the fire till you see it wax blacke, but  
doe

*and Gentlewomen.*

doe not boile it, and it will waxe stiffe with standing in the Sunne, that you may make it in little cakes.

*A salve for a cat.*

**T**AKE six ounces of Deere suet, foure ounces of Wax, foure ounces of Rosin: stampe and straine Velerian, and take the iuyce as much as you thinke will make the salve looke greene, and boile them together till it come to a salve.

*A medicine for the stopping of the Liuer,  
very good for them that haue the  
Iandies.*

**T**AKE Parsly-roots, Fennell-roots, Asperigon-roots, Kneeham-roots, Succory-roots, of each the weight of halfe a crowne in silver; of Dock roots the weight of twelue pence, a little Liquorice, halfe a handfull of Raisins of the Sun stoned: boile this in three  
pints

### *A Closet for Ladies*

pints of water to a quart, and make Almond-milke with the liquor, and take two parts of sweet Almonds, and one part of bitter : sweeten it with Sugar, or else with sirup of Succory, and drinke a draught three mornings together, fasting three houres after it; vse this every month : you may put in Barly husked, and Saxifrage, Maiden-haire, and Liverwort.

### *For the Wormes.*

THE powder of Coralina, to the weight of three pence in silver, given in the water of Couchgrasse.

### *A Medicine for a quartan or a tertian Ague.*

TAKE the Herbs and roots called Harts-horne, Plantane and Orpin, and beat them with a little white wine, and a little bay salt, and so lay it on a cloth vpon your wrist, but be sure it lye on the places on both armes,



*and Gentlemen.*

armes, changing it euery foure and twenty houres : be sure also, that you lay it two houres before the fit commeth, and hang nine roots of the Harts horne about your necke in a filke bagge, so that it may lye vpon the hollow of your stomacke, and let it hangtill your Ague be gone. You must not wash neither heibes nor roots : and you may take the roots when you cannot get the herbs, and vse them so.

*For the Canker in the mouth, or rawnesse,  
or in the lower part of the woe.*

**T**Ake red Fennell, red Sage, Hyfop,  
Herbe grace, Rosemary, Hony-  
suckle leaues, Fetherfue, and Dai-  
sie leaues, of each a little quantity,  
in all two handfuls : boyle these in  
a quart of running water to a pint :  
straine it and let it stand vntill it bee  
cleare, and put therein a spoonefull  
of English Hony, and as much Roch  
Allome

### *A Closet for Ladies*

Allome beaten, as the bignesle of a Bean, and boile it together: you must take off the scumme as it doth arise when it is boiled: put it into a glasse, and keepe it for your vse: you must warme it when you take it.

*A good Medicine for an Andicome, or a botch, or a sore brest, or Carbuncle, to ripe or breake them.*

**T**Ake a quantity of Herb-grace, a quantity of leauened bread well crummed, halfe a spoonefull of Sallet oyle or Capons-grease: boile these in good Ale-grounds, and keepe it with stirring till it bee thicke; and when you vse it, lay it vpon a cloth warme to the grieve. This medicine will resolue a brest without breaking it, vnlesse it need breaking: you must change it euery day once.

*and Gentlewomen.*

*A good Sa'ue to be le it wh.n  
it is broken.*

**T**AKE a quantity of Boares grease,  
of Wax and Rosin, of each a like  
quantity : you must scrape the Wax,  
and beat the Rosin, and boyle them  
together till they bee melted : then  
take Lapis Calaminaris and Roch-  
Allome, as much as a beane of each,  
and beat them together : then take a  
spoonfull of English Hony, and put  
them together, and boyle them a-  
gaine ; and when it is well boyled,  
powre it into cold water, and make it  
vp in rowles, and keepe it for your  
use.

*A Medicine for a bruise.*

**T**AKE a quantity of Stone-pitch,  
as much gray sope, and beat the  
pitch finely to powder, and boyle  
them together with stirring till it bee  
boyled: then take it off the fire, and  
let

### *ACloset for Ladies*

let it coole, and then spread it vpon a cloth, and lay it to the grieve: it must not be thorow cold, for then it will not spread: and if one doe not heale it, then lay on another cloth spread with the same.

*An ointment for an Ague-fore, or other sores, and for swellings.*

TAke a Bryome root, and cut off the out side thin: some doe call it wilde vine: slice it, and lay it all night in a pint of Sallet oyle, and then boyle it, straine it, and keepe it for your vse: for this is good to annoint any Ague-fore, or any other swelling. Then take halfe a pint of Sallet oyle, and as much red Lead as you can buy for two pence, and boyle them together, and keepe it stirring till it looke blacke: then take as many cloths as you thinke will drinke vp the oyle and the Lead, and then coole it, and keep it for your vse.

This oyle and Lead is good for  
Ague-

*and Gentlemen.*

Ague-sores and other sores. Remember to anoint the sores with the ointment aforesaid first, and then lay on the Seare-cloth, doing this twice a day, till the sore be whole. And for swelling, you must vse the Bryomeroots and the Oyle only, without the Oyle and the Lead.

*An approved good Medicine for the  
Tooth-ache.*

**T**Ake Rose-water, either red or damaske : take yellow wax a quantity, and fresh butter, of either an equall quantity, and mingle them together in a dish vpon the coales, and then take a linnen cloth, and dip it therein, and lay it to that side of your iaw where you are grieued, as hot as you can suffer it ; the hotter, the better.

*A Medicine for the bloody Flix.*

**T**Ake two tostes of cheat-bread, & toste them ; and two egges, and  
roste

### *A Closet for Ladies*

roste them hard, and take the yolkes of them, and the liuer of a chick, and beat all this together small : then put all this into a pint of Charne-milke: then take halfe an ounce of Cinnamon : beat it smal, and put it in the medicine, and then take of it euening and morning tasting, for so it most auaileth you : but if your stomacke be weake, then put in some sugar to sweeten it.

### *For the Pin and Web in the eye.*

**T**Ake the iuyce of Parsly, and halfe as much Heny, and with a feather drop it in the eye ; and after it, you must put in some powder of white Sugar-candy : you must dresse it thus very often.

### *For to take the Agne out of any place where it doth fall.*

**T**Ake Succory, a pretty quantity of it, and mingle it with some Boares grease;

*and Gentlemen.*

grease, and spread vpon the cloth,  
and warme it against the fire, and lay  
it to the place.

*A Medicine for a greene wound.*

**T**Ake a quantity of Venice-turpen-  
tine, and wash it in faire water till  
it be white: then take a plaister there-  
of, and lay it to the wound till it bee  
drawne: then take the yolke of a new-  
laid egge, and adde thereto a small  
quantity of fine wheat flower, and a  
little fresh butter, and mingle them  
together, and lay a plaister thereof  
vnto the wound after it is drawne,  
with the Turpentine.

*Another Medicine to bee taken inwardly  
for a greene wound, to be taken in Ale,  
or Beere: it is likewise good for the  
shutting of a bone broken or out,  
either for Man or Beast.*

**T**Ake iuyce of an herbe called Bon-  
wort, to the quantity of 3. or foure  
spoones

### *A Closet for Ladies*

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### *A Closet for Ladies*

Spoonefulls or more, according to the stomacke of the party that is hurt: take the same quantity and drinke it either in the milke, or as before is written, three or foure seuerall mornings fasting, or oftner if you will, and it will free the party: when the herbe is not to be gotten, then you may vse the root, and it will auaille as much.

If the wound be but little, either this drinke, or the medicine before written, will helpe it: but if it be great, you must vse both together.

*For to heale wounds and sores.*

Take Rosin and Frankincense, of each foure ounces, of white Wax and Olibinum, of each three ounces; of Harts suet, of Masticke, of each an ounce; Venice turpentine halfe an ounce; white Wine a pint: melt the Rosin, the Frankincense, and the Harts suet together: then straine it in a pán, and put thereto all the white  
Wax,

*and Gentlewomen.*

Wax, the Olibinum, and the Mastick made into powder, and the white wine: boyle all together till the wine be consumed: then take it from the fire, and stirre it till it be almost cold: then put in the Turpentine, and make it in a rowle, and keepe it in Parchment or Leather.

*Another.*

TAke Calamint, Peniryall, of each a like quantity, Nigella-romana-seed a little bruised, a French crowns weight: boyle all these in posset-drink made of white wine and Ale: a good draught euening and morning you must drinke.

*A Medicine for the head-burning that long time hath bene.*

TAke a quantity of the Gaule of a Hare, and as much Hony: mingle it together a good while, till it turne red, and with it anoint the fore-head,

F

and

### *A Closet for Ladies*

and all the aking shall be taken away:  
this is a pretious ointment.

*For to set a bone, or heale a broken bone  
in man or beast.*

**T**Ake the juyce of Comfrey-roots,  
and wilde Daisie-roots, and boile  
them with Turpentine and yellow  
wax, and make a flat plaister thereof,  
and lay it to the grieve, and set splin-  
ters about it, and rowle it to keepe it  
stiffe once in five dayes, vntill it bee  
whole: you must drinke the juyce of  
the roots nine dayes in some liquor,  
either to man or beast, when you vse  
the plaister.

*For the Piles.*

**T**Ake new milke, and thicken it  
with Oat-meale finely sifted thro-  
row a sicue, and let it seeth till you  
make it vp like Suppositaries: then  
take it up, and cut off the outside of a  
Race of Ginger, and grate it, and  
mingle

*and Gentlewomen.*

mingle it together, and some of it make into a plaister, and the rest make like Suppositaries, and put them vp as you doe Suppositaries: then lay a plaister on the place, and vse this till you be whole.

*A Medicine for a Rupture in old or young.*

**T**Ake Knotwort, Ribwort, and Comfry, of each a like quantity; wash them, and dry them, and set them in the oven when the bread is drawne, that so they may dry: then beat them to powder; then searce them finely thorow a Searce or Sieue; and looke what quantity you take of the herbs when they be dried, take halfe so much Anniseeds, and beat them with the powder of the herbs, and searce them: and thus hauing made the powder ready, when you will vse it, take as much of the powder as you can lay, for take vpon a good broad six pence, and foureene mornings together giue it

### *A Closet for Ladies*

to the party to drinke with a little Malmſie faſting, and anoint the place firſt with oyle of Spike mingled with any other thing : and alſo take ſuch herbs as you make your powder of, and ſee the them in faire running water vntill they bee tender, wringing the water out of them, and apply them to the place as hot as the party can ſuffer it, and let not the truſſe be too ſtrait, leſt it force the place to rent further. Take the herbs to make the powder within May, when the chiefe ſtrength is in them: the Knot-wort beares a little watchet-flower. This hath beene proued on children ſo borne, and on old folkes that haue beene foure and twenty yeares broken, and doth helpe all ſorts, that with good vſage doe not abuſe themſelues, through the grace of God.

*and Gentlemen.*

*A Medicine to be used during all the time  
of the Plague; good against  
Infection.*

**T**AKE a pint of white wine vinegar,  
and halfe a pint of Iene Treacle,  
and a quantity of Role Armoniacke,  
otherwise called Bolles verus, and  
stirre all this together, and take three  
spoonfuls in the morning fasting, and  
fast an houre after it, and take three  
spoonfuls an houre after supper.

*Another Medicine for paine in the head.*

**S**EE the leaues of Agrimonie with  
Hony, and giue them to drinke,  
and draw it thorow a cloth, and keepe  
it in a box, and therewith anoint your  
head, and wash your head in the wa-  
ter that Celandine is lodden in.

## *ACloset for Ladies*

*For the aking of the head.*

**S**Eethe Pulioill in Ayfill, and then  
put it in thy nose. Take Rue and  
Fennell, and seethe them together in  
water, and wash therewith the head.

*For a Felon of the head that swell'eth the  
head of a man: and that before writ-  
ten is for the same.*

**T**Ake the grease of an Harr, and Ho-  
ny, and Barly-meale, and Otterrest,  
and Moycell, and stampe them toge-  
ther, and after shaue thy head; then  
make a plaister, and lay it to thy head  
as hot as you may suffer it, and let it  
lie till it be whole.

*For all Euills of the head.*

**T**Ake Rue, and stamp it with strong  
Ayfill; mingle it, and wash the  
head therewith.

*For*



*and Gentlewomen.*

*For the Carbuncle or the Postume  
in the head.*

**T**Ake Wormwood, Origanum,  
Mayron, by euen portion, and  
see the them in sweet wine, and after  
that wring out the iuyce, and lay it to  
the ears of the sick with two sponges,  
as hot as he may suffer it; vse this two  
or three times, and he shall be whole.

*For the Megrim, Postume, Drop sic, Fe-  
uer, and all manner of aking  
in th. head.*

**T**Ake a penny-weight of the root  
of Pellitory of Spaine, six pe-  
ny-weight of Spicardy, and grinde  
them together, and see the them in  
good Vinegar, and take a Saucer-  
full of Hony, and five of Mustard;  
and when the liquor that is boyled  
is cold, put thereto the Hony and  
the mustard, and stirre them well to-  
gether, and let the sicke vse thereof

F 4 halfe

### *A Closet for Ladies*

halfe a spoonfull at once, and hold it still in his mouth the space of two ereedsaying, and then spet it out into a vessell, and doe so ten or twelue times ; a good while after hee hath eaten at noone, and a little before euen ten or twelue times : and when he goes to bed, take and wash cleane his meuth, and drinke a draught, and goe to bed : vse this Medicine three dayes, and he shall be whole.

*For the head ache.*

**T**Ake and see the Veruine and Betony, Sissles, & Wormwood : wash the parries head with the water thrice in the weeke, and take the herbs, and make a plaister, and lay it vpon the vpper part of the head on this wise.

**T**Ake the herbes aforesaid when they are weil sodden, and wring out the iuyce of them, and then stamp them in a mortar, and temper them with the water wherewith they were sodden,

*and Gentlewomen.*

Sodden, and put thereto the bran of wheat for to hold the iuyce of the herbs, that it goe not out, and make a garland of linnen that may goe about the head, and bind the plaister vnder it as hot as the sicke may suffer it: doe this three times, and he shal be whole.

*Another.*

**C**lones comfort the stomacke, li-  
uer and heart: they helpe diges-  
tion, and stop the bely: they quie-  
ken the eye-sight, and scowre away  
the clouds and hawes of the eyes:  
they are good againſt all cold disea-  
ses, and they are hot in the third de-  
gree. The oyle of cloues is very good  
for a cold stomacke, and for any other  
place that hath need of warming, as  
a rhumatike braine.

*Another.*

**T**Ake of lirage of lead foure oun-  
ces; of Vinegar, common Oile, a  
℥ s                      like

### *A Closet for Ladies*

like quantity: put the litrage in a mortar, and put a little of the vinegar, and a little of the oyle, and beat them together, and so put in by a little and a little all your oyle and vinegar: you must beat them two houres together; it must be as thick as your green salve.

*Another.*

**T**AKE Camphory, Hearts-ease, Priuie, Plantane, of each of them a handfull; bruiſe theſe in a Mortar, and put thereto Harts ſuet, fine Sallet oyle, of each dim. li. mingle them well together, and let them ſtand foure and twenty houres; then put them into a pan or braſſe pot, and put thereto Wax and Roſin broken in ſmall peeces, of each dim. lib. let theſe boyle all together ouer a fire of coales, till the iuyce of the herbs be conſumed, and the oynment green; then ſtraine it thorow a canuaſe-cloth into ſome pot that you will keep it in; and when it begins to be cold, then put thereto  
foure

*and Gentlewomen.*

four ounces of Venice turpentine,  
stirre all together vntill it be thicke  
cold, and keepe it close covered.

*Another.*

**T**He Wine of Eye-bright is made  
for the eyes, by putting the herbe  
into the Must till it be perfect Wine;  
whose vse make the eyes of old men  
looke young: for it is hot and drie;  
and the powder of it beaten with the  
yolke of an egge, worketh the same  
effect: the powder receined in Wine,  
if the Wine be too strong, put in Fe-  
nell-water or Sugar.

*A Medicine against the stone in the bladder,  
or bladder, or for the weakness of  
the backe, which is called the  
racking of the reines.*

**T**Ake Venice turpentine, and wash  
it in Rose-water, either red or de-  
maske, vntill it looke white: then di-  
uide it into small balls, as you may  
easily

### *A Closet for Ladies*

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*Another.*

**T**Ake Camphory, Hearts-ease, Priuit, Plantane, of each of them a handfull; bruse these in a Mortar, and put thereto Harts suet, fine Sallet oyle, of each dim.li. mingle them well together, and let them stand foure and twenty houres; then put them into a pan or brasie pot, and put thereto Wax and Rosin broken in small peeces, of each dim lib. let these boyle all together ouer a fire of coales, till the iuyce of the herbs be consumed, and the oymment green; then straine it thorow a canuase-cloth into some vessel that you will keep it in; and when it is to be cold, then put thereto  
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*and Gentlewomen.*

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### *A Closet for Ladies*

easily swallow to the full quantity of three haseell-nuts or thereabout: then roule them in sugar, to make them the more easie to bee taken: then swallow them in the morning fasting, and fast foure houres after them: take these three or foure seuerall mornings together, and in your water you shall finde much grauell.

*To take away the pock-holes, or any  
spot in the face.*

TAke white Rose-water, and wet a fine cloth therein, and set it all night to freeze, and then lay it vpon your face till it bee drie: also take three poppies, the reddest you can get, and quarter them, taking out the garbage: then still them in a quart of new milke of a red cow, and with the water thereof wash your face.



*and Gentlemen.*

*To make Snow.*

**T**Ake the whites of five or six egges,  
a handfull of fine Sugar, and as  
much Rose-water, and put them in a  
pottle of creame of the thickest you  
can get: beat them all together: as  
the Snow riseth take it off with a  
spoone: you must beat it with a sticke  
clouen in foure: then must you take  
a loafe of bread, and cut away the  
crust, and set it vpright in a platter:  
then set a faire Rosemary-branch in  
the loafe, and cast your Snow upon  
it with a spoone.

*A Medicine for the piles.*

**T**Ake the herbe called Torch-  
wort: it groweth high, bearing  
a yellow flower, blowing out of the  
stalke, the leaues look hoare. Take the  
iuyce and boyle it with fresh butter a  
little while, and keepe it close, and vse  
it

### *A Closer for Ladies*

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three hasek-runns or thereabout  
roule them in sugar, to make them  
the more easie to bee taken: then  
swallow them in the morning fasting,  
and fast foure houres after them: take  
these three or foure seuerall mornings  
together, and in your water you shall  
finde much grauel.

*To take away the pimple, warty  
spot in the face.*

TAke white Rose-water, and wet a  
fine cloth therein, and let it all  
night to freeze, and then lay it vpon  
your face till it bee drie: also take  
three poppies, the smallest you can  
get, and quatter them, taking out the  
garbage: then still them in a quart of  
new milke of a red cow, and with the  
water thereof wash your face.

*and Gentlewomen.*

*To make Snow.*

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### *A Closet for Ladies*

it euening and morning: if a Cowes vdder be stung or bit with a Snake or such like, take Lauender, and wash it cleane, and see the it in chamber-lie a good while, and wash it euening and morning warme: you may put a little fresh butter in it, and milke out the milke when you doe it.

*A Medicine for a Cold, or a Burne, or a Sore, approved.*

**T**Ake Watersuck-leaves, otherwise called Hogwort leaues, Ally-house, Daisie roots, leaues and all, and a little Rosemary; wash them, stamp them, and boyle them in cream till it is butter: then straine them, and apply it warme to the burne; pricke the Water-suck leaues, and lay them vpon it, dressing it twice a day, or three times, if need be. To heale a sore put Turpentine, Rosin, and Wax in it, dressing it with Lint.

*For*

and Gentlewomen.

*For the Sitch*

Take Sitch-wort, Bay-leaves, Hol-  
ly without prickles, of each a like  
quantity, the iuyce, graines beaten :  
drinke it in Ale warme.

*For the swelling.*

Take the grounds of good Ale,  
Glouers shreds, and white-bread  
crummes, and Sage : boyle them, lay  
it to warme : it will swage the swell-  
ling and the ache : it hath bene pro-  
ued.

*For the Tooth-ache.*

Take Organy that groweth close to  
the ground, and tasteth like A-  
qua vitæ : bruise it, lay it to the tooth  
Bursa pastoris will doe the like.

*For*

### *A Closet for Ladies*

in evening and morning: if a Cow-  
vader be stung or bit with a Snake or  
such like, take Lavender, and wash  
cleane, and see the it in chamber-lie a  
good while, and wash it evening and  
morning warme: you may put a lit-  
tle fresh butter in it, and milke cut  
the milke when you doe it.

*A Medicine for a Cough, or Croup, or a  
Sore, opened*

**T**ake Waterfack leaves, otherwise  
called Hogwart leaves, Ally-boule,  
Daisie roots, leaves and all, and a li-  
tle Rosemary; wash them, chop them,  
and boyle them in cream till it is bur-  
ner: then straine them, and apply it  
to the burnes, prick the Wa-  
terfack leaves, and lay them vpon it,  
twice a day, or three times,  
To heale a sore put Tur-  
pentine, Rosin, and Wax in it, dress-  
ing it with Lin.

*and Gentlewomen.*

*For the Stitches*

**T**Ake Stitch-wort, Bay-leaves, Hol-  
ly without prickles, of each alike  
quantity, the juyce, graines beaten :  
drinke it in Ale warme.

*For the swelling.*

**T**Ake the grounds of good Ale,  
Glouers shreds, and white-bread  
crummes, and Sage: boyle them, lay  
it to warme : it will swage the swell-  
ing and the ache: it hath beene pro-  
ued.

*For the Teeth-ache.*

**T**Ake Organy that groweth close to  
the ground, and tasteth like A-  
qua vitæ: bruiſe it, lay it to the tooth;  
Burſa paſtoris will doe the like.

*For*

## *A Closet for Ladies*

*For a Bite; or Flon, or sore legge.*

SEethe a pint of Ale to two spoon-  
fuls, like a sirup : pricke a peece of  
leather with a pinne : it will heale it  
without breaking : if it bee broken;  
take lint to the hole with some salve :  
let it lye foure and twenty houres :  
lay it to cold.

*For the Scratches of a horse legge.*

TAke Vinegar, Mustard-seed, Gun-  
powder, boyle them : wash it hot  
three or foure times ; proued.

*For the Gout.*

TAke Mallowes and Sengren : beat  
them, and boyle them in water :  
then straine them, put Oat-meale-  
groats soked in vinegar, and sheeps  
suet vntried : then boyle it to a poul-  
tis ; proued.

*For*



and Gentle.

*For the Ague.*

Take a red Onion cut small, six and fifty graines of Pepper beaten small: binde it to the wrist halfe an houre before the fit; proued,

*For the Gout.*

Take a fat Whelp of a Hound: scald him like a Pig: garbage him in the side: then take red Nettles stamped with two ounces of Brimstone, foure ounces of Turpentine, foure yolkes of egges: stusse the belly, and sew it vp: tolle it with a soft fire: saue the dripping: annoint the place: it is good for sinewes and crampe: it will drive it away: for the like effect, Oyle, Nettles, White-wine, boyle them, apply them hot.

*For the Sciatica.*

Take the gall of a Bull, a quart of wort: boyle it to a pint: then put  
in

## A Closet for Ladies

For a Bite; or Felm, or sore legge.

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take lint to the hole with some salve:  
let it lye foure and twenty houres:  
lay it to cold.

For the Scratches of a horse legge.

Take Vinegar, Mustard-seed, Gun-  
powder, boyk them: wash it hot  
thrice or foure times; proued.

For the Gout.

Take Mallowes and Sengren: beat  
them, and boyle them in water:  
then straine them, put Oat-meale-  
groats soaked in vinegar, and sheeps  
suet vntried: then boyle it to a poul-  
tis; proued.

For

*and Gentlewomen.*

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TAke the gall of a Bull, a quart of wort : boyle it to a pint : then put in

### *ACloset for Ladies*

in a pint of Vinegar, frankincense, one ounce in powder, of Honey halfe a pound, of Comaine halfe a pound in powder: boyle it thicke: spread it on leather, lay it to hot two or three dayes: lay a linnen cloth betweene the skin and the plaister; the plaister will serve many times; proued.

*For the Teeth a he.*

**A**lloin as big as a Walnut, Garlicke an handfull, twenty Beanes, an handfull of Bay-salt, Pepper; beat it together: lay it to the wrists twentie foure houres or more.

*For to stop the bleeding of a wound.*

**T**He wooll of an ink-horne, Sanguis draconis, and Bellarmonick, and the whites of egges laid on too.

*For*

*and Gentlewomen.*

*For a Consumption either for old folks  
young folks, or children.*

**T**AKE Long-wort, Liverwort, H  
tongue, of each a handfull,  
Mints, red Sage, Mother of Time,  
each a handfull, Parsley and Fennell  
roots, the piths out of each, halfe a  
handfull, Liquorice an ounce, Anni-  
seeds an ounce, Sceeny two ounces,  
Turbet an ounce, Capdates two oun-  
ces, Cinamon an ounce, Nutmegs  
two ounces, white Sugarcandy foure  
ounces, Rubarb an ounce sliced :  
stampe your spices, and your seeds,  
and beat your other Apothecary-  
stufte, and shred your herbs fine :  
boyle it in three quarts of Rennish-  
wine to a pottle ; straine it ; drinke  
foure times a day a quarter of a pint at  
a draught warme ; put in a peniworth  
of Aqua vitæ, and as much Saffron  
beaten fine : after it is boyled, if the  
Patient bee laxative, leane out your  
Rubarb, Sceeny, and Turbet, and  
boyle

### *ACloset for Ladies*

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**T**Ake Long-wort, Liverwort, Harts-  
tongue, of each a handfull, red  
Mints, red Sage, Mother of Time, of  
each a handfull, Parsley and Fennell-  
roots, the piths out of each, halfe a  
handfull, Liquorice an ounce, Anni-  
seeds an ounce, Sceeny two ounces,  
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Patient bee laxatiue, leaue out your  
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boyle

### *A Closet for Ladies*

boyle it in wort ; it is best in wort for children : for aged folks that be weak, boyle in the stone of a Boar, or a Ram, or a horse is best : one stone is enough for one time : you may take one to purge, and another not to purge : the second receit is enough ; purge first.

*To make one make water.*

TAke the stones and kernels of Peaches and Medlers : beat them fine : sift them thorow a searce ; put in Sugar, drinke it in white-wine.

*To make a Seare-clo:b.*

TAke a pound of Stone-pitch, as much Rosin as a great Walnut, & twice as much clean Wax, a spoonfull offresh swines grease ; boyle all together till it be well mixt ; then coole it in water ; then oyle your hands with Hogges grease, and labour it in your hand an houre and more, till it will cleave to your hands.

*Fey*



*and Gentlewomen.*

*For the same, and the best for all manner of aches.*

**T**AKE Rosin dim. li. of Perrosfon a quarter of a pound, as much Gum mastick, a quarter of a pound of Deer suet, two ounces of Turpentine, one ounce of Cloues and Mace, of Saffron two ounces, the liquor must be Oyle of Roses.

*A soueraine Medicine for a great ache.*

**T**AKE Sparmacity eight peniworth, of Oyle two d. of black Sope halfe a pound, of butter without Sale as much as a great Walnut; boyle it on a chafingdish of coals halfe an houre, stirring it well from the bottome: spread it on leather, as broad and as long as your griefe; lay it to foure or fiae dayes.

## *ACloset for Ladies*

*To make a good Oyntment or Salve  
for any sore.*

**T**Ake a good handfull of Sage, as much of Plantane, as much of Brown-wort, as much of Hony-suckles, as much of Tursame, as much Velerion : boyle all these in May-butter till it be browne : then straine it, and put in a quantity of Virgin-wax : then boyle it againe.

*A good Receipt for all manner of sores, old  
or new, named, The gift of God,  
praise be to him*

**T**Ake Betony, Veruin, Pimpernel, Bugle, Smallage, Plantane, Scabeas-water, Agrimony, of each a like; stampe them together ; boyle them together in a gallon of white-wine to the third part ; then straine them, and put to them a quantity of sheeps suet, and halfe a pound of Wax, dim. lib. of Rosin, dim. lib. of pitch,  
one

*and Gentlewomen.*

one lib. of Olibinum, and boyle it againe.

*For Bags in the Fundament.*

**T**Ake the yolke of an hard egge roasted, the oile of Roses, and Marigold-leaues: beat it together, lay it to hot.

*To kill a Tetter.*

**T**Ake greene broome: boyle it in a quait of running water halfe away: bathe it with it.

*For the Pestilence.*

**T**Ake the water of Betony, and Pimpernell, Turmentill, or Scabeas; mix it together, drinke it nine dayes fasting, and feare no Pestilence.

*For*

## *A Closet for Ladies*

*For one that is taken within the  
body, or any place.*

**T**Ake Rose-cakes, Aqua-vitæ, and  
Rose water; heat it on a chafing-  
dish of coales; lay it to the stomack;  
they shall mend by Gods grace.

*For the Ague or Cold.*

**T**Ake greene Alderstickes; take the  
inner rinde, a handfull; beat them,  
drinke it in Ale fasting; fast three  
houres, walking after it; then eat a  
Caudell.

*Another for the Ague.*

**T**Ake a spoonfull of iuice of Oren-  
ges, as much Aqua. vite, mingle it  
with a yolke of a new laid egge in the  
shell, sup it vp fasting once or twice.

*K. Henry the eight his perfume.*

**T**Ake six spoonfulls of compound  
water, as much of Rose-water, a  
quarter

*and Gentlemen.*

quarter of an ounce of fine Sugar,  
two graines of Muske, two graines of  
Amber-greece, two of Ciuat: boyle  
it softly together: all the house will  
smell of Cloney.

*For the Strangurion.*

**T**Ake Hore-hound one handfull and  
a halfe, red wine halfe a pint, oyle-  
oliue five spoonfuls: boyle it toge-  
ther, put it in a linnen cloth to the  
small of the backe, as hot as may be.

*To close a wound.*

**T**Ake Beere, Wheat, Stone-flower,  
and Hony: boyle it thicke: apply  
it to.

*For the Gowt.*

**T**Ake Worme-wood, Wall-wort,  
Wheaten bran, Cow-dung, and  
salt; boyle it in vinegar: plaster it to  
the grieve.

*For a Bruise.*

**T**Ake halfe a pint of Sallet-oyle, as  
much oyle of Roses, as much Aqua

G

vitz.

### *A Closet for Ladies*

vitæ, and three or foure score Snailles  
that beare shels : stampe them small,  
and boyle them to oyle.

*To keepe one laxative.*

**T**Ake a new-laid-egge : put out the  
white, then put in new butter vn-  
salted ; heat it, then eat it, vse it often.

*Two remedies very good against Wormes  
in little children.*

**T**Ake flowre of Wheat well boulked,  
as much as will lye vpon three  
crownes of gold ; put it in a glasse,  
and powre into it Wel-water, so much  
as will steepe the said flowre, and  
make it looke as it were milke, and no  
thinner : then giue the childe drinke  
of it, and you shall see with his excre-  
ments the wormes come forth dead,  
which is a very good remedy.

*The*

and Gentlewomen.

*The second remedie against Wormes.*

**F**OR children that be so little, that the medicine cannot be ministred at the mouth, you must take very good Aqua vitæ, wherewith you must wash or wet the stomacke or brest of the childe: then powre it upon the said place with the powder of fine myrrh, and lay the childe downe a little while with his brest vpward, and you shall see incontinently the Wormes, with the childes dung, come forth dead.

*To heale children of the Lunaticke disease, which happeneth vnto them by reason of a worme with two heads, that breedeth in their bodies: the which worme, coming to the heart, causeth such a passion in the childe, that oft times it kils them.*

**T**Ake the tender stalkes of a Wilding-tree, & dry them in the shadow:

### *A Closet for Ladies*

vitx, and three or foure score Snails  
that beare shels : stampe them  
and boyle them to oyle.

*To keepe one laxative.*

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which is a very good remedy.



*and Gentlewomen.*

hing and euening eight dayes, abstain-  
ning from wine, carnall company of  
women, from all Pulse, Beans, Pease,  
Fetches, Tares, and such other, from  
Sallets, Salt-fish, and from all other  
things that are hard of concoction  
and digestion; a very good and nota-  
ble secret.

*A Medicine to cure the biting of all  
venomous beaſts.*

**A**S soone as the party seeketh  
himselfe bitten with any veno-  
mous beaſt, or as soone after as may  
be, take greene leaues of a Fig-treec  
and presse the milke of them three or  
foure times into the wound: and for  
this, serueth also Mustard seed min-  
gled with Vinegar.

*To draw an Arrow-head or other iven  
out of a wound.*

**T**Ake the iuice of Valerian, in the  
which wet a tent, and put into the  
wound

### *A Closes for Ladies*

dow: then stampe them well, and sift them, and take of the said powder and roots of Gention, and of long Pyome, of each of them a quarter of an ounce, and a quarter of an ounce of myrrhe: all these well beaten to powder, you must put in a dish, or some other vessell, and moist them with a little water; then rake of it with your two fingers, and wet the lips and mouth of the childe: doe this three or foure times, and you shall see the worme come forth dead with the excrements.

### *A remedy for the Faking-sicknesse.*

TAke Germander gathered in May, when it is in the blossome: dry it in the shadow, and make it in powder, and when you will vse it, take the y lke of an egge or two, and stir and breake it with a spoonfull of the said powder: then leethe it, and giue it to the Patient to eat: doe this morning

*and Gentlewomen.*

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ning from wine. carnall company of  
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*A Medicine to cure the biting of all  
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**A**S soone as the party seeketh  
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*To draw an Arrow-head or other iron  
out of a wound.*

**T**Ake the iuice of Valerian, in the  
which wet a rent, and put into the  
wound

### *A Closet for Ladies*

wound, laying the said herbe vpon it stamped : then make your binder as best fitteth, and by this meanes you shall draw forth the iron, and after heale the wound.

*For a knocke or fall, causing a bunch  
vpon the head.*

**T**AKE an ounce of Bay-salt, raw Honey three ounces, Comin three ounces, Turpentine two ounces; mingle all these well vpon the fire : then spread it vpon a linnen cloth, and make thereof a plaister, and lay it hot to his head : the which will assuage the swelling, and heale the hurt.

*A secret remedie against the Plurisie.*

**O**Pen a white loafe new baked, in the middle, and spread it well with good Treacle on both parts, vpon the crummie sides, and heat it at the fire : then lay one part vpon the place of the disease, and the other part

*and Gentlewomen.*

part on the other side of his body directly, and so binde them that they stirre not, leauing them so a day and a night, or vntill the impostume breake, and then take away the bread, and immediatly the Patient will spit forth the putrifaction of the impostume; and when he hath slept a little let him eat, and by Gods helpe he shall shortly be well.

*A very good remedy for a wound with a sword, staffe, stone, or such like.*

**T**Ake Taxus Barbarus, stampe it, and take the iuice of it; and if the wound bleed, wipe it and make it cleane, washing it with White wine or water; then put the iuice vpon the wound, and the herbs vpon it, out of the which you tooke the iuyce: then binde vp the wound, and in one day you shall see a wonderfull effect,

## *A Closet for Ladies*

*Against the discoloure or grieue of the Flank,  
and the Colicke-paſſion, experi-  
mented and proued di-*

*vers times.*

**T**AKE halfe a glaſſe or leſſe of the  
juice of Barbaries when they be  
very ripe and red, and put into it as  
much red Corall as will lie vpon two  
groats, well broken into powder, and  
giue the Patient to drinke thereof.

*Another perfect remedy for the ſtone diſ-  
eaſe, and to make a man piſſe with a be'ſe  
an houre, that hath not made water  
in three or foure dayes, and  
will breake the ſtone  
within ten or twelue  
dayes.*

**T**AKE fine powder of Virga aurea,  
and put a ſpoonfull of it into a new  
laid egge ſoft roſted, and giue the Pa-  
tient thereof in the morning to his  
breakfaſt, and let him not eat in foure  
houres

*and Gentlewomen.*

houres after, and then he shall make water in lesse than halfe an houre, and let himse this for the space of ten or twelue dayes as aforesaid: the Patient shall void the stone without any paine or grieve.

*A remedy for spitting of blood, occasioned by the breach of some veine in the breast.*

TAKE Mice dung beaten in powder, as much as will lie vpon a groat, and put it into halfe a glassfull of iuyce of Plantane with a little Sugar, and so giue the Patient to drink thereof in the morning and euening: continuing the same he shall be sound.

*Against the griefe of the Lungs, and spitting of blood, a remedy experimented and tried.*

TAKE an herbe called Farfara, or Tussilago at the Apothecaries, Vngula Caballina, in English called  
G 5 Colts.

### *A Closet for Ladies*

Colts foot ; in French ; *Pat delion* : incorporate it well with the lard of a hog chopped, and a new laid-egge: boyle all together in a pan, and giue the Patient of it to eat nine mornings. This is also good to make one fat.

#### *Against a sinking breath.*

TAKE Rosemary leaues with the blossomes, if you can get them, and see the them in White-wine with a little myrrhe and Cinamon, and you shall finde a maruellous effect, if you vse it often in your mouth.

#### *Against the biting of a mad dogge, and the rage of madnesse that followes the party bitten.*

TAKE the blossomes or flowers of wilde thistles, dreyed in the shade, and beaten into powder, halfe a nut-shell full ; put into White wine, and drinke it, and in thrice taking it you shall



*and Gentlewomen.*

shall be whole. A thing tried and experimented,

*A Medicine for watry eyes.*

**T**Ake a red cole-leaf, and anoint the leaf with the white of an egge: when you goe to bed lay the same to your eyes.

*A Medicine for sore eyes.*

**T**Ake a little ground Iuy, and straine it and womans milke together, and let it be somewhat Greene of the Iuy, and then drop a drop or two into the eyes.

*Another for the same.*

**T**Ake Fennell-water stilled, and hiee Hony: mingle them together, and put a drop or two into the eye. These are approued.

### *A Closet for Ladies*

*To make water for the eyes to kill the  
heat of any sore.*

**T**ake the red Sage, and boyle it in  
Smiths water till the third part  
be consumed: then straine out the  
Sage very finely, and put into it a  
quantity of the liquor, a peniworth  
of Aloine, and as much of white  
Coperas, after you have taken it  
from the fire, and anoint your eyes  
therewith.

*Another for the same.*

**T**ake the leaues of red Brambles, of  
Plantane, and Hony-Suckles, boile  
them all in running water from a  
quart to a pint, and vse it to the sore.

*A Medicine for the Pin and Web  
in the eye.*

**T**ake the white of an egge being  
hot; take out the yolke cleane, and  
put

*and Gentlewomen.*

put thereto a good quantity of Sugar-candy : then straine it hard thorough a cloth, and therewith make a water, and euery day two or three times drop it into the eyes.

*A Medicine to cleare the sight.*

**T**Ake Red-rose-water, cleane myrrh as much as a nut : breake it into powder, and binde it in a linnen cloth, and let it lie in the water twelue houres : then take of this water, and put it in your eyes, and it will cleare your sight.

*For a pearle in the eye.*

**T**Ake red Fennell, and the leaues and roots of white Daisies : vse them without any liquour, and put together three spoonfuls of either of them : then take one good spoonfull of clarified Hony, and two or three spoonfuls of womans milke, and drop this into your eye three or foure times

### *A Closet for Ladies*

times a day : and if there be any sight  
in the eye, this will cure it.

*For eyes that are blasted.*

**T**Ake a toste made of Brown bread,  
and lay it in red wine that is not  
mingled, and let it lye vntill it be so-  
ked halfe an houre ; then put it in-  
to a fine cloth in two peeces, for  
each eye one : the fine cloth must  
be betweene the eye and the toste.  
Dresse it when you goe to bed at  
night.

*To purge the head and eye-sight.*

**T**Ake the juyce of Hey-hoo, and  
put it into your nostrills, and the  
fleame and running-water will fol-  
low.

*For eyes that be red and sore.*

**T**Ake Fennell, Veruin, Roses, Sa-  
lendine, and Rue, of each two  
ounces,

*and Gentlewomen.*

ounces, and distill all together : and when need is, then put a drop or two into the sore eye : for it is good for all manner of diseases in the eye.

*Against the paine of the eyes.*

**T**Ake the yolke of an egge roasted hard, and laid to with Rose-oyle and Saffron : put in the juyce of Basill.

*For to see well.*

**T**Ake Eye-bright, red Fennell, of each halfe a handfull : of Rue one quarter of an handfull : cause these to be distilled, and wash your eyes dayly with the water.

*For the aking in the legge.*

**T**Ake a peece of sowre leauen, and as much Barme, and as much blacke Sope : temper them all together, and so spread it vpon a linnen cloth,

*A Closet for Ladies*

cloth, and put it to your legges where the heat is, and change it twice a day, and by Gods helpe it will heale you in three or foure dressings.

*A Diet-drinke for a Consumption.*

**T**ake a gallon of running water measured by Ale-measure, and put thereto an ounce of Cinamon, an ounce of Cloues, an ounce of Mace, a dram and a halfe of Aster roots, and boyle it till it come to three quarters: let this be your onely drinke till you doe amend.

*A Medicine for the head-ache.*

**T**ake a handfull of Rosemary, two handfulls of Betony, and a spoonfull of Hony: and see the them all in Maluesie, and wash your head therewith.

*Another*

*and Genslewomen.*

*Another for the head-ache.*

**T**AKE five Nutmegs : grate them,  
and scethe them in Maluesie till  
they be thicke : make a plaister there-  
of, and lay it to your temples.

*For winde and shottings in  
in your head.*

**T**AKE Egremorie and Cinamon :  
bray them, put them in Ale, and  
lay it to the temples of the head ; and  
if the paine remoue, lay it where the  
paine remoueth.

*Another for the head-ache.*

**T**AKE a handfull of Camomile, a  
handfull of Peniual, a handfull  
of Sage, a handfull of Wheat-bran :  
chop them all together small ; boyle  
them in a pint of sharpe Vinegar till  
they be thicke, and thereof make a  
plaister, and lay it to the temples of  
the

### *ACloset for Ladies*

the head as hot as you may suffer it, & it shall (by Gods helpe) doe you good.

*Another for the same.*

**T**Ake a peece of raw beefe, and lay it on the nape of your necke, and shif it euery night when you goe to bed: vse this as often as you see good; proued.

*Another for the same.*

**T**Ake an ounce of Oyle of Roses, two ounces of white vinegar, foure ounces of Plantane-water: mix these together, and wet a linnen cloth in it, and lay it to the temples.

*A Medicine for the Megrime in the head.*

**T**Ake Housleek and garden-worms, the greater part being Housleek: stampe them together, and put there-to fine flower, and make a plaister on a fine cloth, and lay it to the forehead and temples.

*Another*



*and Gentlewomen.*

*Another for the same.*

**T**AKE Mustard-seed, and temper it with Vinegar: make an oyntment thereof, and lay it to the Temples in a plaister, and another in the nape of the necke behinde where it is not sore, and it will auoid and shortly be whole.

*A Medicine to keepe vp the pallat  
of ones mouth.*

**T**AKE a peece of wheaten leauen, and Commine seed beaten in a mortar, a quantity of Bay-salt, and Red-rose-vinegar, and Red-rose-water: put them into a bag of cloth, and lay it to the mould of the head.

*To dry vp Rhumme in the head.*

**T**AKE a quantity of dried rose-leaves, the flower of Camomile, Basill,  
Mar -

### *A Closet for Ladies*

Marjoram, all dried; a quantity of  
Cloues and Mace, grosse bruised; a  
Nutmeg, and a quantity of Dill seed,  
all quill in a cap.

*A Poultice to soole any place, either  
face, or any where else, that  
is red and full of bot  
pimples.*

Take Houslecke, Mallowes, Parsle-  
line, Water roses, called Numium:  
beat all these, and take the iuyce of  
them, and put a little oyle of Roles  
to them, and wash the place with it,  
or stampe the herbs till they be thick  
like pap: then see the it with a little  
Rose oyle and Wax, and then you  
may lay it on as a plaister.

*Against red pimples of the face.*

Take an ounce of Camphire, as  
much brimstone beaten; myrthe,  
Frankincense, of each foure drams,  
of Rose-water a pound; put all these  
in

*and Gentlewomen.*

in a glasse, and set it in the Sunne ten dayes, and then lay it on the places.

*Another.*

TAke the distilled water of Ash-tree, Tamaredis oft eaten, Wine of Strawberries laid vpon the face.

*Another.*

TAke the distilled water of Mulline and a little Camphire mixed together, and laid to the face.

*A Medicine for them that are deafe, so that they haue heard before.*

TAke the ioyce of Bittaine, womans milke that hath a man childe; mingle them together, and dip a peece of blacke wooll in it, and put a peece of it into your eare, for the space of ten or eleuen dayes or more: if it happen that this will not take away the deafenesse, then take the milke of

### *ACloset for Ladies*

a Cow, and see the it with Oat-meale and juyce of Bettony, and lay it plaister-wise over the cares, night and day for a long time.

*To make an ointment for a red face.*

**T**Ake halfe an ounce of Camphire, two drams of Sulpher-vinum, and an ounce of Deeres suet; melt the suet and the Camphire together, then put in the Brimstone, fine ground in a mortar, when the other is almost cold, and set them no more over the fire after the Brimstone is put in. These being laid on all night, will take away the heat and the pimples.

*Another for the same.*

**T**Ake as much Mercury sublimare as a Beane, and twice as much Alome, and put them in a quart of faire water, and boyle them together with two or three cornes of Bay-salt, and bathe your face therewith often in a day

*and Gentlewomen.*

day with the same cold, and open the pimples with your fingers before you wash.

*For a sore mouth.*

**T**Ake a quart of white wine, a quart of water, a pint of wine vinegar, a good quantity of red Sage, two pennyworth of Mercury, halfe an ounce of Roch-Allome, a quantity of Rosemary, a greater quantity of Woodbine-leaues, and three spoonfulls of Hony : see the them together, and wash your mouth therewith.

*A water for a Canker and sore mouth.*

**T**Ake Rosemary-croppes, Sage, Singfield, Woodbine-leaues, Allome, liue Hony, or pure Hony boyled in Spring-water, halfe a handfull of each of the foresaid herbs boyled in three pints of water, till they haue boyled a third part away, and keepe it in a glasse stopped, and

*A Closes for Ladies*

and wash your mouth with it.

*For a Canker and sorenesse in  
the mouth.*

**T**AKE two ounces of fine Coperas  
beaten to powder, halfe a pint of  
saire water, and let the same Cope-  
ras be distilled or steeped two dayes  
and two nights; then straine the same  
sof by thorow a linnen cloth; then  
take a spoonfull thereof, and wash  
your mouth and th: oat with it softly,  
bloud-warme; but drinke none of it.  
This medicine will not continue good  
about fourteen dayes; therefore  
you must make it fresh as occasion  
serues: you must take it morning and  
evening.

*A Medicine for the Mother that riseth in  
a womans side.*

**T**AKE Aqua-composita, and bear  
Bay-berries in powder, and put it  
into the Aqua-composita, and put a  
spoon

*and Gentlewomen.*

spoonfull or two in a draught of beere  
or Ale, and so drinke it.

*A Medicine for the pricking of a needele  
or thorne in the joynt.*

TAKE faire boulted flower of whear,  
and temper it with white o. red  
Wine, a little Oyle-oliue, and a few  
Rose-leaues : see the them together  
till it be plaister-thicke, and lay it to  
as hot as you can suffer ; it will draw  
forth the needle, and ease the ache.

*A Medicine for a Canker that eateth  
mans flesh.*

TAKE Wheat-bran of the smallest  
powder, the iuyce of Smailage, the  
iuyce of Woodbine, burnt Allome  
beat into powder, and a little hony ;  
mingle all these together, and make  
a plaister of it, and lay it to the sore,  
and it shall destroy the Canker.

## *A Closet for Ladies*

*For a Bruise.*

**T**AKE Virgin way, and Comminseed well beaten : mix them together, and lay it to the sore plaisterwise.

*For a white Scall.*

**T**AKE Saller-oyle beaten with the whites of egges till they be thoroughly wrought together : cut away the haire, and so anoint the head, and lay a bladder vpon it.

*A Medicine against all Stitches.*

**T**AKE Linseed, and boy'e it in new milke : make a plaister thereof, and lay it to the grieved place.

*A Medicine for a sore brest.*

**T**AKE Groundsill, and chop it small, the grounds of small Beere, wheaten



*and Gentlewomen.*

ten bran, and sheepes suet beaten  
in a mortar : boyle them all toge-  
ther, and lay it plaister-wise to your  
breſt.

*A Medicine for ſwell'd breſts.*

**T**Ake white wine, wheat-bran new  
bolted, Roſe-leaues old and new :  
ſee the them till they be thicke : then  
lay it to the breſt as hot as ſhee may  
ſuffer it, from euen to morning, and  
ſhift it againe.

*To breake the ſleame of the breſt.*

**T**Ake butter without ſalt, and hony,  
of each a quantity, faire bitter Al-  
monds : blanch them, and beat them  
ſuie and eat a little euery day.

*A very good Medicine for any acbe or  
ſore breſt, often approved.*

**T**Ake Frankincenſe, fine wrought  
Wax, Boares greaſe, and Roſin,

H 2

of

### *A Closet for Ladies*

of each of them a like quantity, and see the them together to a cake; spread it on a cloth as broad as the sore or paine is, and lay it to foure and twenty houres, or twelue at the least.

#### *An approaed Medicine for a sore brest.*

**T**AKE a handfull of Mallows: see the them very soft in faire water, and then let the water runne away from the Mallows: then chop or shread them: then put them in a dish with Boares grease, and heat them very hot, and lay on a plaister of linnen cloth to your brest, as hot as you can suffer, three or foure times a day heating it: this hath beene approued very good.

#### *A remedie for the paines of the brest.*

**T**AKE Hyssope, Parsley, and Sage, stampe them together, and lay them to the brest, and it will be whole.

*Another*

and Gentlemen.

*Another for the stopping of the breast.*

**T**AKE Rue, and see the it with All-  
gant, and drinke it three or four  
times.

*A medicine for the bloody Flux.*

**T**AKE as much fine linnen cloth as  
will make a Suppositary, being  
wrapped together button wise: then  
wet the same in the best Aquavitz,  
or Aqua composita, and let the party  
griued conuey the same into his fun-  
dament, and it will helpe him by the  
grace of God, within three or four  
dressings: this is approued, and hath  
holpen many that haue been brought  
low, and thought past cure.

*Doctor Smiths Medicine for the  
Collicke and Stone.*

**T**AKE Posset-Ale made of Rhennish  
wine: boyle Camomile, running  
Time, Parsly, Pellitory of the wall,  
H 3 with

### *A Closet for Ladies*

with a good spoonfull of Commine-seeds, till the third part and more bee consumed : then straine them with Sugar sufficient : drinke a good draught warme, and vse it as occasion serues.

### *A Medicine for the Chin-cough for a childe.*

**T**Ake Boares grease, and warme the soles of the feet to the fire: then chafe them with that, and goe to bed, and keepe it warme, and lap clothes to it,

### *To stay a Laskie.*

**T**Ake halfe a quarter of a pound of Almonds, and parch them vpon two new tiles : beat them in a mortar, and take a quart of faire water, and set it on the fire, and put in halfe a handfull of Knot-grasse, and halfe a handfull of Plantane leaves, and let them seethe a good while : then  
take

*and Gentlewomen.*

take the water and straine the fore-  
said Almonds therewith, and make  
an Almond milke thereof, and put in  
a peece of Sugar: then take Date-  
stones, and beat them to powder as  
small as may be, and put some of that  
powder into the Almond milke: so  
drinke it luke-warme.

*A excellent Medicine for a childe that  
cann not part with his water  
or urine.*

**T**Ake three or foure hieue-Bees: kill  
them; then dry them vpon hot  
plate: being thorow-dry, bruse them  
to small powder; then put the powder  
into a quart of Mall Ale, and giue the  
sicke to drinke, and he shall haue pre-  
sent remedy.

*A Medicine for the paine of swelling  
in the stomacke.*

**T**Ake a good quantity of Rosemary  
flowers: boyle them in white wine,  
and

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and as hot as may be suffered, apply it to the stomacke.

### *An approved Medicine for the Spleene.*

Take a quart of Claret wine, a pint of Oyle of Olive, two good handfulls of Camomile being shred small: boyle the Wine and Comomile together from a quart to a pint, and anoint the hardnesse of the Spleene morning and evening therewith, and it will dissolve.

### *A Medicine for a Felon or Auncome*

Take rusty Bacon and Colewort-leaves: stampe them together: then take a peece of Dogges leather prickt full of holes, and spread it vpon the leather, laying it to the sore twice a day; and when it begins to heale but once a day.

*and Gentlewomen.*

*A Medicine for the itch of the body.*

**T**Ake sweete butter, vnwrought  
wax, vinegar, brimstone, a little  
Rose-water, red Cloues whole: boile  
them together til they be like a salue:  
then anoint the flesh three sundry  
nights by the fire therewith, and no  
more.

*A Medicine for the Canker in the body.*

**T**Ake Bollarmonack, Roch-Allom,  
and hony, then beat them to pow-  
der: take twice as much of the Al-  
lome as of the Bollarmonack, and stir  
them together till they come to a  
salue, and so annoint the sore.

*A Medicine for the heat or ache in the  
body, or legges, or elsewhere.*

**T**Ake red Docke roots, and take  
out the ouer-pith, and seeth them  
in running water; then draw the  
water.

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water from them, and beat it with  
thicke creame, and so anoint the place  
that is grieved, or with a cloth dipt in  
the same, and laid over the place.

### *A Medicine good to cleanse the body.*

**T**Ake Balme, and lay it in white  
wine, till it be well steeped, and  
then distill it: the water thereof is  
good for any disease that is in the bo-  
dy, but you must distill the wine and  
all together, drinking a spoonfull or  
two in the morning; proued.

### *A Medicine for a Fisula.*

**T**Ake Veruine and dry it vpon a tile,  
and make powder thereof, & make  
cleane the sore with a linnen cloth,  
and fill the hole full of the powder.

### *A remedy for one that vomiteth too much.*

**T**Ake Coriander-seeds fine beaten  
in powder, and drink it with Mint  
water.

To



*and Gentlemen.*

*To make a seave-cloth for all manner of aches.*

**T**ake a pound of vnwrought wax, halfe a pound of Rosin, two ounces of Frankincense, a pound and a halfe of sheepsuet, and boyle them all together, and straine them in a faire bason : then put them in a chafindish of coales, and dip a linnen cloth therein, and so lay it to the sore.

*A Medicine for a Ring-worme or Tetter.*

**T**ake red Dock-roots : slit them, and lay them in vinegar, and so wash the Ring-worme or Tetter.

*A Medicine for the Stitch.*

**T**ake wheat-flower, and bake a cake, and cut it in the midit : then strike the dawy sides all ouer with Tarte, and lay it to the Patient as hot as may bee : you must lay one halfe of  
the

*A Closer for Ladies*

the cake to the one side of the Patient, the other halfe to the other side.

*A Poultice for all manner of swelling.*

**T**Ake a lay full of wilde Mallowes, and see the them in running water till they be tender, and then swing them, and chop them small; then take a penniworth of sweet butter, and the crummes of white bread, and put the Mallowes and all into a quart of milk, and see the it till it bee thicke, stirring it well, then lay it to the grieve as warme as can be suffered.

*A Medicine for the cough,*

**T**Ake Mustard-seede and put it into Figges: see the it in Ale and drinke it.

*A Medicine for the Mother.*

**T**Ake Rosin and beat it very fine: put it into white Wine and Sallet-oile,

*and Gentlewomen.*

oile, and drinke it, and it will doe you good.

*A Medicine for the bloud.e Flix.*

Take the pils of Pomegranates : beat them, and drinke them with red wine morning and euening bloud warme : then heat a bricke red hot, and lay it vnder a close stoole, and cast Rosemary and Malmesie on it, and let the Patient sit ouer it,

*A very good Medicine for the Piles.*

Take the hard roe of a red Herring, and roast it hard : then take the seeds of nettles, and beat them together small : then beat them with barrowes grease, and boile them together, and anoynt the Piles therewith then take a chafingdish of coles, and set it vnder a close stoole, and cast a litle Franckincense thereon, and let the Patient sit ouer it when they bee anointed

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ancient with the aforesaid ointment.

*A Medicine for a burne.*

**T**Ake oyle of Roses, and womens  
milke : put it into the open place,  
and it will heale it.

*Another for the same.*

**T**Ake a linnen cloth cleane wash,  
and burne it, and make a powder  
thereof, and take the oyle of egges,  
and anoint the sore : then strew the  
powder thereon.

*A Medicine for the Droppe.*

**T**Ake Anniseeds, Coriander-seeds,  
Spikenard or Spaine : weth this in  
your neat and drinke eight dayes to-  
gether, and it will doe you good.

*A Medicine to dry a sore.*

**T**Ake a pot of Sainth water, a quar-  
terne of Roch-Alloine, halke a  
pint

*and Gentlemen.*

pint of Oyle of Oliues, and put there-  
to a handfull of Sage, and boyle  
them together till they be halfe con-  
sumed: then vse it to the sore, and it  
will drie it.

*A Medicine for an ache that comes  
against raine.*

**T**Ake the hornes of a Stagge: cut  
them in small peeces, and boyle  
them in water, till it bee consumed  
from a gallon to a quart: then powre  
the water from the bones, and it will  
gelly when it is cold, and therewith  
anoint the grieued place against the  
fire euening and morning.

*A Medicine for a burne or scald.*

**T**Ake Mallows and Smalage: see the  
them in water: when they be ten-  
der take them forth, & wring out the  
water cleane: chop them small, and set  
them on a chafingdish of coals, & put  
to

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anoint with the aforesaid ointment.

*A Medicine for a burne.*

**T**Ake oyle of Roses, and womens  
milke : put it into the open place,  
and it will heale it.

*Another for the same.*

**T**Ake a linnen cloth cleane washt,  
and burne it, and make a powder  
thereof, and take the oyle of egges,  
and anoint the sore : then strew the  
powder thereon.

*A Medicine for the Dropsie.*

**T**Ake Anniseeds, Coriander-seeds,  
Spikenard of Spaine : wethis in  
your next and drinke eight dayes to-  
gether, and it will doe you good.

*A Medicine to drye it.*

**T**Ake a pot of Smithy water, a quar-  
terne of Roch-Allome, halie a  
pint

*and Gentlemen.*

pint of Oyle of Oliues, and put there-  
to a handfull of Sage, and boyle  
them together till they be halfe con-  
sumed: then vse it to the sore, and it  
will drie it.

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to

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to it a little sheepes feet, and make of it a salve, and lay it to the sore place thicke, and lay a cloth vpon it, and tie it on.

### *A salve for an old sore.*

**T**ake the inner rinde of an Oke that is not very old, and burne it to a coale: then quench it, and make thereof a powder, and temper it with the yelke of an egge, and make thereof a salve.

### *To make a drinke for a burning Ague.*

**T**ake a quart of running water, halfe a pint of Vnegar, halfe a quarter of a pint of Rose-water, a quarter of pound of a Sugar, and one sticke of Cinamon: boyle them all together, let it coole, and giue it the sick to drinke.



*and Gentlemen.*

*A Medicine for the beat of the Liver.*

Take wort of the first top: drinke it  
euery morning next your heart  
for a moneth together, and it will  
helpe you.

*A Medicine to make a young childe  
goe to the steele.*

Take May-butter, and chafe the  
nauill therewith against the fire:  
then take some blacke wooll that  
growes betweene a blacke sheepes  
legges: dip it in May-butter, and  
drie it: then lay it the nauill. It is  
good for an old man also that can take  
no inward medicine.

*An approved Med'cine for the Nauill  
when it comes out w<sup>th</sup> crying.*

Take wax which is vsed no other  
way but to take the hony from it,  
and when you haue an occasion,  
melt,

### *A Closet for Ladies*

melt some of the wax in a Sawcer,  
and dip blacke wooll in it : lay it to  
the nauill, and it will helpe it.

### *A Medicine for the swelling of a chilles coles.*

TAke Red-rose-leaues : bray them,  
and boyle them in red Wine an  
houre : then wet a cloth in it, and lay  
it to the chilles nauill as hot as you  
can suffer it.

### *A Medicine to stanch the Flix.*

TAke a Sawcerfull of the iuyce of  
Mistle, as much of the iuyce of  
Plantane, and wheat flower : temper  
it with the iuyce of the herbes, and so  
make a cake of it, and bake it, and eat  
it hot.

*For to stanch blood at the nose, or at a  
veine that is cut ; pruned.*

TAke Feathers burned to powder,  
and lay it vpon the veine that is  
cut,

*and Gentlewomen.*

cut, and also take a wet cloth, and lay it round about the members, and wet the cloth three times, and lay it to cold euery time, and it shall stanch wheresoeuer it be; proued.

*For to helpe a drunken man or too-  
man for euery.*

**G**ive him a purgation: after that, giue him a Swallow to drinke in powder for the space of twelue dayes, and for a months space giue him euery day foure Almonds to eat, with foure leaues of Woodbine beaten: you must eat them in the morning next your heart; proued.

*For Scabs.*

**T**ake Snails, and pricke them, and take the water that comes out of them, and anoint the scabs therewith: take vine leaues, & bind them to the scabs, and doe it euery morning and evening,

### *A Closet for Ladies*

euening, and you shall be whole, proued.

#### *To drie Scabs.*

Take Gum-arabecke: put it in Rose water till it bee consumed, and wash them therewith; proued.

#### *For the Palsie, or shaking in the hands.*

Take Sell and Eyfill: seethe them together, and wash thy hands therewith, and eat Sage with Mustard fasting.

#### *To restore a man to nature that is in a consumption.*

Take the eldest Cocke you can get: scald him, draw him, and cut him all in peeces in a glasse pot: stop him as fast as y u can, and put among these peeces Cl-ues, Mace, small Raisins, and salt: then put this glasse into a great pot, and let all these seethe together till they be a gelly: then straine it into a cleane vessell, and giue

*and Gentlewomen.*

giue it to the sicke, first and last bloud-  
warne.

*To restore the braine.*

**T**Ake powder of Bittany, and vse it  
in your pottage: it will restore the  
braine, and destroy the stone.

*For a perillous Cough.*

**T**Ake Sage, Rue, and Commine:  
stampe them with Pepper: see the  
them together with hony, and there-  
of, make an electuary, and vse thereof  
a spoonfull euening and morning,  
and by the helpe of God it shall doe  
you good.

*For them that cannot see, and  
haue red eyes.*

**T**Ake white vinegar, and rub vpon  
a whet-stone in a faire bason: take  
as much salt as powder, and grinde  
them well together in a bason, and  
temper

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temper them with Wine : and let it stand a day and a night, and put it in a viall of glasse : you must take the thinnest that standeth about in the bason, and put in your glasse ; and when the patient goeth to bed, take a feather, and wet therein, and anoint your eyes.

*To anoint the face and to make it white.*

**T**Ake fresh Bacon-grease, and the whites of egges : stampe them together, and a litle powder of Bayes and anoint your face therewith, and it will make it white.

*For a faire face ; proued another way.*

**T**Ake Plantane and white Vinegar : still them together, and wash your face therewith fifteene dayes, morning and euening : after this, drinke a draught of Vinegar in the morning once in three dayes.

To

*and Gentlewomen.*

*To make the face white and faire.*

TAke Rosemary, and boyle it in white Wine, and wash thy face therewith, and thou shalt bee faire: then take Eigan, and stampe it, and take the iuyce thereof, and put it all together, and wash thy face therewith; proued.

*To helpe the face with red pimples.*

TAke Bay-berries, and placke off the huskes, and make fine powder thereof, and temper it with Honey: anoint your face therewith six times, and it will helpe you.

*To draw broken bones out of the head.*

TAke Betony, Veruine, and Rue: stampe them all together very small, and put thereto Ric-meale or wheat, and the white of an egge, and make a plaister, and lay it to the head.

To

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*To quench one thirst.*

TAke the roots of Louage : wash it cleane: stampe it, and temper it with water : drinke a good draught of it fve nights together, and drinke not in two hoares after it.

*For one that speaks in his sleepe.*

TAke Southernwood, and temper it with Wine, and let the diseased drinke thereof in the morning, and when he goes to bed.

*For a woman that bath too much  
of the Flowers.*

TAke the foot of a Hare : burne it to powder, and drinke thereof with red wine and Cinamon first and last nine dayes, and it will helpe her.

FINIS.



